

Sacramento Fellowship of Narcotics Anonymous
Area Service Committee Minutes for June 2, 2010

I. Call to Order at Evelyn Moore Community Center
1402 Dickson Street, Sacramento at 7:00 pm

Prayers & Principles →

- A. NA Service Prayer
- B. 12 Traditions of Narcotics Anonymous
- C. 12 Concepts for NA Service

NA Service Prayer

God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of your purpose. Make us servants of your will and grant us a bond of selflessness, that this may truly be your work, not ours- - in order that no addict, anywhere, need die from the horrors of addiction.

Adapted from the NA Basic Text, page xvi

Please make sure you initial the sign-in sheet & note schedule / GSR changes

II. Roll Call/Minutes/Proposals

- A. Roll Call – Group Reports, Roll Call, Suggestions for Brainstorming, Recovery Birthdays, Verify Quorum
- B. Approval of Minutes from May 5, 2010
Consensus to approve minutes as written

III. Elections

- A. Outreach Coordinator
Nominations: -Jay accepted
Elected!

V. Break

(If we get to this point before 7:45- we will move right into reports and break after reports are given.)

VI. General Session

- A. Thanks to those ending their terms
- B. Reports from Admin
Please skim written reports. We'll discuss only select items & ask for your questions.
 - Chair
 - Vice Chair
 - Admin Assistant
 - Policy & Procedures
 - RCMs
 - PR Coordinator (includes updates on Newsletter, Helpline, & others)
 - Treasurer/Asst Treasurer

VII. Brainstorming & Dialogue

A. Building Strong Home Groups

- a. Consistency and Commitment - One problem is that people get tired of being of service. Service people must have willingness. Old timers can properly walk newcomers thru their new positions. Service people should have leadership abilities.
- b. Spirit of Service - Must have gratitude.
- c. Benefits of Service –A good example is having a greeter with no clean time requirement...this is a way to watch newcomers grow. Gives newcomer a sense of accomplishment and social skills, while learning spiritual principles.
- d. Principles in Action – Learning by being of service; giving back.
- e. Positive Perspective – At business meetings, in open forum, set goals for your meeting, and bring in ideas that worked for other meetings.
- f. Intimacy and a Sense of Home – Help all members feel like a part of the fellowship. Have service positions for everyone, even newcomers (i.e. greeters with no clean time requirement). Be a learning environment.
- g. Safe and Positive Environment – The meeting’s format keeps us focused on recovery. Read the readings! No crosstalk. A strong leader (secretary or GSR) is needed to make sure things run smoothly.
- h. Teaching Principles – Read the traditions and concepts at business meetings. Always fall back on the literature. Stay focused on recovery.
- i. Self-Support – Members should serve willingly and follow thru with their commitments. Sponsors should suggest service to their sponsees. Talk about how service keeps us clean. Have guidelines, making sure that service people fulfill their requirements. Follow up with the traditions and concepts at business meetings.
- j. Good Public Relations – Pay attention to what the passersby would see. What does the meeting look like from the street? What would you think if you were driving or walking by your meeting, say, at break? Are you sending a positive message?
- k. Encourage Diversity – Do not exclude people. Everyone is welcome.
- l. Nurture all Members – Get to know people outside of the meetings, invite them to coffee afterwards. Reach out.
- m. Evolves with Members - Interact with the newcomers, and make a good impression on them. Have a greeter. Give

newcomer info packets with schedules, and offer books and key chains.

- n. Establishes a Network - Older group members should offer phone numbers.
- o. Unity and Credibility – Have the same rotation at your meeting. Bring service work to sponsees. Crosstalk is bothersome! If your meeting has lots of rules, make clear announcements at the beginning of the meeting. Be courteous when implementing your rules.
- p. Positive Message – Close your chair with experience and hope.

B. Concept 4- Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.

VIII. Additional Proposals

A. To hold an annual area inventory to be conducted in August of each year

Intent: Just as we hold a personal inventory, area should hold an annual inventory...to find out how well the ASC is serving groups.

-Q: Why August?

-A: The reason August is proposed is so we can get the results into our next guideline revision in October, and the outgoing trusted servants in July would leave a summary of what worked and didn't work in their positions.

GSRS please go back to your groups with this proposal. We will revisit next month for consensus

B. Literature Coordinator is asking area to purchase storage totes for literature storage as needed for supplies

Consensus to approve

IX. Update from our Treasurer:

Activity since last ASC:

Ending Balance from May 5, 2010			\$7,584.97
Less expenditures since then:	Literature ASC	1,440.03	
	H&I Literature		
	Webhosting	\$81.99	
	RCM Travel		

	H&I Rent		
	Computer	\$326.24	
	Phoneline	\$89.05	
	Total Expenses		
Plus Deposits since then:	Books for Crooks	\$680	
	Total Deposits		\$680
Balance:			6,327.66
Less H&I Fundraising \$\$\$	Not to be forwarded to Region		\$1139.38
	H&I Fundraising Expenses		
Prudent Reserve:	2 months operating expense as determined by budget		\$8222
Additional Donation to Region beyond budgeted amount:	Everything over prudent reserve		

Activity at ASC:

<i>Expenses:</i>			<i>Income:</i>		
	Agenda Copies	\$49.13		Donations from groups	\$1,252.97
	Mileage to RCM	\$		7th Tradition at ASC	\$??
	Regional donation	\$85.00		Donations for Coffee	\$
	Schedules	\$		H&I Donations	\$397.86
	Insurance	\$		H&I fundraising	\$90.00
	Rent (ASC & Admin)	\$75.00		Newsletter	\$11.50
	Rent (H&I)	\$36.00		Literature	\$1,800.77
	Phonelines	\$			\$
	Storage	\$			\$
	Admin Supplies	\$32.09			\$
	H&I fundraising	\$395.00			\$
		\$			\$
		\$			\$
				Ending Balance	\$9,251.94

VII. Close by 9:30 with the “We” Version of the Serenity Prayer

Coming up...

Admin meeting moves to the 3rd Wednesday of each month.
 Join us Wednesday, June 16th - 7-9 pm right here -- all are welcome.
 Next ASC – Wednesday, July 7, 2010], 7-9:30 pm

Please be advised that there will be elections at the July ASC for the following positions:

- *Senior RCM**
- *Junior RCM**
- *Treasurer**
- *Asst. Treasurer**
- *Literature Coordinator**
- *Asst. Literature Coordinator**

Admin Position	Name	Elected	Term	May	Jun
Chair	Carlos H.	2/3/2010	Jan 2011	x	x
Vice-Chair	Lisa R.	3/3/2010	Jan 2011	x	x
Admin Assistant	Selene H.	2/3/2010	Jan 2011	x	x
Policy and Procedure	Leslie F.	4/7/2010	Jan 2011	x	x
PR Coordinator	Kevin F.	11/5/2008	Jan 2011	x	
Senior RCM	Debi H	7/1/200	July 2010	x	x
Junior RCM	Cherril	7/1/200	July 2010	x	x
Treasurer	Dolores H.	7/1/200	July 2010	x	x
Asst. Treasurer	Ronda K.	7/1/200	July 2010	x	x

Task Leaders	Name	Elected	Term	May	Jun
Literature Coordinator	Javier	7/1/2009	July 2010	x	x
Asst. Literature Coordinator	Kathy	7/1/2009	July 2010	x	x
H&I Task Leader	Glenn L	11/4/09	October 2010	x	x
Newsletter	Warren W.	12/2/2009	October 2010	x	
Phoneline Coordinator	Tracy G	12/2/2009	October 2010		x
Schedule Coordinator	Pam T	2/4/2009	Jan 2010		
Outreach	Jay W.	5/6/2009	April 2011		re-elected

SacFNA ASC Group Sign-In and Changes Sheet

Grou Num	Meeting name	Days	Address and time	Meeting Type	MAY		JUN		Changes/Reports
Multi Meetings									
01	Recovery is Real	Multi	Sunday, 9am, 417 Main St., Woodland Sunday, 6pm, 100 Woodland Ave., Woodland Sunday, 8pm, 100 Woodland Ave., Woodland Tuesday, 6 pm, 100 Woodland Ave., Woodland Wednesday, 6 pm, 100 Woodland Ave., Woodland Thursday, 7 pm, 100 Woodland Ave., Woodland Friday, 6 pm, 100 Woodland Ave., Woodland Friday, 10 pm, 100 Woodland Ave., Woodland Saturday, Noon, 100 Woodland Ave., Woodland Sautrday, 6pm, 100 Woodland Ave., Woodland	Sun 9am Sun 6pm 1hr Sun 8pm M, 1hr Tue Wed 1 hr Thu BS, 1 hr Fri 6pm 1 hr Fri 10pm Sat noon Sat 6, 2nd Sat Spkr Mtg	x		x		
02	Over the Rainbow	Multi	Monday, 8 pm, 1927 L St., Sac Sunday, 7 pm, 1927 L St., Sac	LGBT, Downstairs, 1hr both mtgs	x		x		Monday need support
03	Elk Grove Home Group	Multi	8170 Laguna Blvd., Ste 107 Tuesday, 7:30 pm Thursday and Friday 7 pm	Tues M, 1 hr Thur BS, 1 hr Fri 1 hr	x		x		
04	New Beginnings	Multi	515 2nd St, Woodland Corner of 2nd and Lincoln Sunday Womens mtg at 7pm Sunday 8:30 open Monday, Wednesday, Thursday, Friday, 8:00pm Tuesday 8:30pm	Sun W, Sun open 1 hr Tue Noon 1hr Tue 8:30pm 1 hr. Wed BS, CL, 1 hr Thu T, D	x		x		Mon, Wed, Thu, Fri 8:00pm Tue 8:30pm Sun women's 7pm Sun open 7:30pm
31	Clunie Group	Multi	Monday-Friday, Noon, 2620 Capitol Ave, Sacramento	Mon BS, 1hr Tue 1 hr, NC on 3rd Tuesdays Wed-Fri 1 hr	x		x		
33	Oak Park Fellowship	Multi	Tuesday, 6:30 pm, 3425 Martin L. King Jr. Blvd. Wednesday, 6 pm, 3425 Martin L. King Jr. Blvd. Friday, 6 pm, 3425 Martin L. King Jr. Blvd. Saturday, Noon, 3425 Martin L. King Jr. Blvd. 2nd Saturday, 7 pm, 3425 Martin L. King Jr. Blvd.	Tue Wed W Fri BS Sat M 2nd Sat Speaker meeting 2nd Sat of month only	x		x		
55	Hump Day Hope	Multi	Tuesday, Noon, 4445 Fruitridge Rd, Sac Wednesday, Noon, 4445 Fruitridge Rd, Sac Thursday, Noon, 4445 Fruitridge Rd, Sac	Tue 1hr Wed BS 1hr Thur 1hr					needs support
65	Group 55	Multi	Noon 6240 14th Ave, Sac	Mon 1 hr Wed 1 hr Fri 1 hr					moved to arana
07	New Way of Life	Multi	Sun, 8:00pm, 7595 Cemter Parkway, Sac Fri, 10:00pm, 7595 Center Parkway, Sac	1 hr					
69	Love Thyself NA group	Multi	Monday, Wednesday, Friday 5:30pm 1400 N. C. St.						
67	Getting it Right Downtown Sac Fellowship ASC Minutes	Multi	1027 10th St, Sac Monday, Wednesday, Friday 8:00am	Mon Spk 1hr Wed JFT 1hr Fri D 1hr					

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71	Getting it Right in the Park	Multi	Tuesday, Thursday 8:00am Cesar Chavez Park, 10th & J						
						x			
						10	6		
		Multi					12		
Sunday									
06	Surrender for Serenity	Sun	7:00 pm, 2201 Benita Dr., Rancho Cordova	CC		x	x		
27	West Coast Flat Book of NA	Sun	2:00 pm, 1500 North A st, Sac at Quinn Cottages Pavillion	BS, 2hrs					
39	Stepping Stones	Sun	6:00 pm, 4390 47th Ave, Sac DB Moore Bldg	Spk, D, 1.5 hrs		x	x		
42	Skip to Recovery	Sun	5:00 pm, 2721 Barbera Way						
48	It Works on Cleveland	Sun	6:30 pm - 258 Cleveland Ave	NWA, CL, 1 hr no holidays			x		
53	Women of NA	Sun	3:30-5:00pm - 4390 47th Ave, Sacramento	W Wkly B-day			x		meets 3:30-5:00
						2	3		
		Sun				5	5		
Monday									
08	Survivors	Mon	7:00 pm - 2201 Benita Drive, RC			x	x		
09	Keep It Clean	Mon	7:00 pm - 5401 Freeport Blvd., Sac	1 hr		x	x		
10	Time and Change	Mon	7:00 pm - 2620 Capitol Ave, Sacramento	T, D, 1 hr		x	x		
28	Young, Clean, Full of Recovery	Mon	7:00 pm, 1701 L Street, Sac	Y		x			
32	Tools of Recovery Book Study	Mon	8:00 pm - 7128 Florin Perkins Rd., Sac New Covenant Church of the Nazarine	BS, 1 hr		x	x		
34	Crossroads to Recovery	Mon	6:30pm 7128 Florin Perkins Rd, Sac	1 hr		x	x		not a book study
45	H.O.W	Mon	7:00pm - 1200 North B St., Sac	BS, 1 hr		x			
46	Life After Dope	Mon	7:00 pm, 450 W El Camino, Nor Sac, near Northgate Blvd	CL, 1 hr V & NKP		x	x		
47	The Raw 916 Group	Mon	7:00 pm - 6240 14th Ave, Sac Fourteenth Ave Baptist	BS, 2 hrs		x	x		
51	Off 99 @ Saybrook	Mon	6:30 pm, 4390 47th Ave, Sac	1 hr		x			needs support
60	South Sac Recovery	Mon	7:30pm - 3900 47th Ave, enter at rear on Martin Luther King			x	x		
66	Monday Night Grab Bag	Mon	6:30 pm - Laguna and Franklin, Sac	1 hr			x		
						x			
68	Freedom from Addiction Sac Fellowship ASC Minutes	Mon	12:00pm - 7000 Franklin Blvd	1 hr					

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Grou Num	Meeting name	Days	Address and time	Meeting Type	MAY		JUN		Changes/Reports
		Mon	Number Attended		12	9			
			Total Meetings this month		13	13			
Tuesday									
11	No Frills	Tue	7:00 pm - 10497 Coloma Rd., RC	CC	x	x	needs support		
12	Cope Without Dope	Tue	7:00 pm - 7128 Florin Perkins Rd., Sac	1 hr	x	x			
29	Changing Lanes	Tue	7:30 pm - 10630 Schirra Ave Room #3, RC	1hr	x				
35	Midtown Recovery	Tue	6:30 pm -1500 A St.	1 hr	x				
44	The Highlands Group	Tue	7:00 pm, 5846 Santa Fe Way, No Highlands	CL, 1 hr, no kids please			x		
57	Just Recovery	Tue	6:00-7:30pm, 6240 14th Ave.				x		
58	Seeking Serenity	Tue	7:00pm, 250 Cleveland, Sac	CL			removed from quorum until return		
70	Colusa Group of NA	Tue	6:30pm - 208 6th St., Colusa, CA	1 hr			x	meets at 6:30pm	
		Tue	Number Attended		4	5			
			Total Meetings this month		7	7			
Wednesday									
13	Clean on Capitol	Wed	7:00 pm, 2100 J St., Sac	1 hr, NWA	x	x			
14	Youth Seeking Truth	Wed	7:00 pm - 2201 Benita Dr., RC	Y					
38	Wednesday Night Connection	Wed	7:00pm - 2721 Barbera Way, RC		x	x			
30	Women's Tea House	Thu	7:00 pm - 3520 Bradshaw Rd, RC	W, CL, 1 hr	x				
61	Sac ARC Group	Wed	500 9th St, Sacramento				removed from quorum until return		
		Wed	Number Attended		3	2			
			Total Meetings this month		4	4			
Thursday									
15	Made a Decision	Thu	7:30 pm - 2201 Benita Dr., RC	1 hr, JFT, D	x	x			
16	Courage to Change	Thu	6:00 pm - 3555 3rd Ave, Oak Park	1 hr	x	x	needs support		
50	Ounce of Hope	Thu	7:30 pm - 2450 Meadowview RD, Sac	Y	x	x			
62	Happy Hour	Thu	5:22 pm 1820 28th St, Sac	1 Hr			4		
		Thu	Number Attended		4	4			
			Total Meetings this month		4	4			
Friday									

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Grou Num	Meeting name	Days	Address and time	Meeting Type	MAY		JUN		Changes/Reports
18	Recovery Connection	Fri	8:00 pm - 2101 Zinfandel, RC	CL, No children, Birthday every week	x		x		
19	Friday Night South Sac	Fri	8:00 pm - 4445 Fruitridge Rd., Sac		x		x		
20	Natomas Group	Fri	7:00 pm - 3291 Truxel Road, Sac		x		x		
36	5th Tradition	Fri	8:00 pm - 5435 Palm Ave, Carmichael	1 hr					removed from quorum until return
49	Serenity for Today	Fri	3:15 pm - 4343 Williamsburgh Dr, Sac						
63	Road to Recovery	Fri	210 8th St, Williams	1 hr last Fri JFT/bday mtg			x		
64	Keep it Real	Fri	6:00 pm - 2620 Capitol Ave, Sac	1 Hr					
					x		x		
		Fri	Number Attended		4		4		
			Total Meetings this month		6		6		
Saturday									
21	Keep It Simple	Sat	1:00 pm - 10630 Schirra Avenue Room #3, RC		x				
22	E Street Book Study	Sat	10:00 am - 2620 Capitol Ave., Sac	BS, NWA, 1 hr	x		x		
23	Woman to Woman	Sat	10:00 am - 2829 Watt Ave. Room 4, Sac	W	x		x		
24	After the Fog	Sat	8:00 pm - 2515 48th Ave., Sac						
25	Saturday Night Traditions	Sat	7:00 pm - 2529 K St. Sac		x		x		
37	New Crossroads	Sat	Noon - 7595 Center Parkway, Sac	1 hr			x		
41	Learning to Care	Sat	10 am, 1615 Morse Ave, Sac Lutheran Church, Arden and Morse Ave.	M	x		x		
43	TU Women	Sat	Noon - 4445 Fruitridge, Sac	W	x		x		
					6		6		
		Multi	Number Attended		6		6		
			Total Meetings this month		8		8		
					45		39		
					47		59		
					24		30		
					95.7%		66.1%		