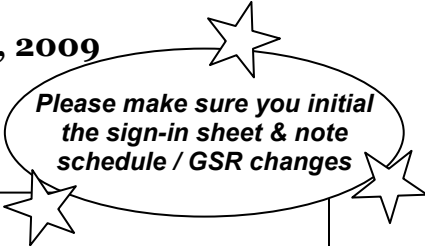


Sacramento Fellowship of Narcotics Anonymous

**Area Service Committee Minutes for February 4, 2009**

**I. Call to Order** at Evelyn Moore Community Center

1402 Dickson Street, Sacramento at 7:00 pm



**II. Prayers & Principles**

- A. NA Service Prayer →
- B. 12 Traditions - Dawn
- C. 12 Concepts - Ken

**NA Service Prayer**  
*God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of your purpose. Make us servants of your will and grant us a bond of selflessness, that this may truly be your work, not ours- - in order that no addict, anywhere, need die from the horrors of addiction.*  
Adapted from the NA Basic Text, page xvi

**III. General Session**

- A. Thanks to those ending their terms
- B. Reports from Admin  
*Please skim written reports. We'll discuss only select items & ask for your questions.*
  - Chair
  - Treasurer/Asst Treasurer
  - Liaison to ARANA-ASC
  - Vice Chair
  - Policy & Procedures
  - H & I
  - Admin Assistant
  - RCMs
  - PR Coordinator (includes updates on Newsletter, Helpline, & others)
  - Lit Coordinator
- C. Group Reports, Roll Call, Suggestions for Brainstorming (tonight or later), B'days
- D. Review/approve minutes from 1/7/2009: **Consensus to approve minutes**

**IV. Elections**

Position Nom	inee(s)	Accept/Decline Outc	ome
Policy & Procedures	Richard	Accept	Elected
Junior RCM	Debi	Accept	Elected
Ag	nes	Decline	
Peter		Decline	
Schedule Coordinator	Pam	Accept	Elected
Helen		Decline	
Newsletter Coordinator	Helen	Decline	
	Mike to continue	No vote	Continue

**V. Proposals**

**Proposal 1:** May Activity Dance

What: Cinco De Mayo theme dinner, meeting and dance

When: Saturday May 2, 2009; Dinner at 5:30; Meeting at 6:15 – Speaker Manuel C. from Stockton (clean since 1977); Salsa Dance lessons at 7:30 & salsa dancing until 9:30; Modern dance music dance mix 9:30 to Midnight.

Where: 6240 14<sup>th</sup> Ave in Sac

Budget:

Projected Expenses	P	rojected Income:	
Rent:	\$175	Dinner: 75 @ \$5 =	\$375
Insurance	\$25	Dance: 100 @ \$5 =	\$500
Food	\$150		
DJ & Sound System	\$300		

Salsa Instructor \$100

Fliers (1500 @ .07) \$105

Decorations \$20

Total Expenses \$875

Total Income

\$875

Will the tickets be sold for different amounts for presale versus at the door?

Yes.

How much food can be bought for \$150?

We could get beans and rice and fixings for enchiladas or something. Have a person in food service who will be handling the food.

**Consensus was obtained to hold the event.**

## **Proposal 2: Schedules proposal #4 from January back to the ASC.**

**Proposal 4:** To increase the budget for schedules from \$125 per month to \$230 per month in order to cover the costs of increasing our order from 6,000 to 7,500 and of printing inserts for months 2 & 3 of each 3-month cycle. (FYI – Though we'd budgeted \$125, actual costs average \$190/month for schedules + inserts.)

Would like to have a monthly meeting schedule and not have the inserts.

We now have a phonenumber that will be using the schedule.

We will have to update the proposal to account for this.

Schedules go very quickly and not all groups get some.

We would like to table the proposal to get more accurate information about costs.

**Consensus was obtained to table the proposal to next month.**

Pam brought comparison of costs for changing the way we do schedules.

Q. If we did every other month, would we need inserts?

A. Groups would like to make the proposal to do every other month with no inserts.

We should drop the number from 7500 to 6000 or 3000 a month.

The cost would be between \$347 and \$321 for 6000.

**Revised Proposal: To increase our schedules from 2500 to 3000 a month and only do printing every other month with no inserts at the lowest possible cost.**

**Consensus was obtained**

## **VI. Brainstorming & Dialogue**

- 7<sup>th</sup> Tradition and Self Support

We would like to consider how our 7<sup>th</sup> tradition coming to area has been received.

- Rent and facilities

One suggestion is to announce at meetings that we are having financial issues and rent going up

Talk to the facility to explain and negotiate to the facility

If treasurer walks around with the 7<sup>th</sup>, more is received

Pass the 7<sup>th</sup> later in the meeting when more people are there

Put in ready how much rent is per month and ask for support

Treasurer can do a 7<sup>th</sup> tradition report at the end of the meeting

- Goals for 2009 – Where do we want to go this year?

Unity Day event

Dances

T-shirts

Improve relationship with ARANA

Become financially solvent (a complete Area)

3 hole punch

Individual picnics by gender

**VII. Update from our Treasurer**

Ending Balance from 12/3/08: **\$6,094.99**

Less total expenditures since then: **-\$3505.30**

- \$36.00 Sierra 2 – H&I Rent for March
- \$31.00 NA World Serv. – H&I Reaching Out Subscription
- \$561.35 H & I Literature
- \$79.95 1<sup>st</sup> Month Helpline
- \$9.24 PR Postering Supplies
- \$15.07 H&I Copies
- \$38.00 PO Box Rent (6 Months)
- \$2734.69 Literature

Plus deposits **+\$2662.93** Literature sales

Beginning Balance: **\$5252.62**

Prudent Reserve **\$ 6573.43** (2 months operating expenses as determined by budget)

Donation to Region beyond budgeted amount **\$ 0** (everything over prudent reserve, if we have it!)

Expenses:			Income:		
	Agenda Copies	\$66.54		Donations from groups	\$1,144.32
	Mileage to RCM	\$40.00		7th Tradition at ASC	\$33.92
	Regional donation	\$ 85.00		Donations for Coffee	\$10.13
	Schedules	\$		Penny A day	\$256.15
Ins	urance	\$25.00		H&I	\$317.05
	Rent (ASC & Admin)	\$ 75.00			
R	ent (H&I)	\$			
ot	her	\$19.69			
Phoneli	nes	\$47.20			
N	ewsletter	\$17.69			
St	orage	\$61.00			
Coffe	e	\$18.36			
			Ending Balance: \$6558.71		

**VII. Close by 9:30 with the “We” Version of the Serenity Prayer**

**Coming up...**

Admin meeting moves to the 4<sup>th</sup> Wednesday of each month.  
 Join us Wednesday, February 25, 2009, 7-9 pm right here -- all are welcome.  
 Next ASC – Wednesday, March 4, 2009, 7-9:30 pm

<b>Admin Position</b>	<b>Name</b>	<b>Email</b>	<b>Phone</b>	<b>Elected</b>	<b>Term</b>	<b>Jan</b>	<b>Feb</b>
<b>Chair</b>	Eric K.			1/7/2009	Jan 2010	x	x
<b>Vice-Chair</b>	Carlos H.			1/7/2009	Jan 2010	x	x
<b>Admin Assistant</b>	Joel A.			1/7/2009	Jan 2010	x	x
<b>Senior RCM</b>	Vince V.			7/2/2008	July 2009	x	x
<b>Junior RCM</b>	Debi H			2/4/2009	July 2009		Elected
<b>Treasurer</b>	Dolores H.			7/2/2008	July 2009	x	x
<b>Asst. Treasurer</b>	Ronda K.			7/2/2008	July 2009	x	x
<b>Policy and Procedure</b>	Richard N			2/4/09	Jan 2010		Elected

### SacFNA ASC Group Sign-In and Changes Sheet

Grou Num	Meeting name	Days	Address and time	Meeting Type		Changes/Reports	
				JAN	FEB		
<b>Multi Meetings</b>							
01	Recovery is Real	Multi	Sunday, 9am, 417 Main St., Woodland Sunday, 6pm, 100 Woodland Ave., Woodland Sunday, 8pm, 100 Woodland Ave., Woodland Tuesday, 6 pm, 100 Woodland Ave., Woodland Wednesday, 6 pm, 100 Woodland Ave., Woodland Thursday, 7 pm, 100 Woodland Ave., Woodland Friday, 6 pm, 100 Woodland Ave., Woodland Friday, 10 pm, 100 Woodland Ave., Woodland Saturday, Noon, 100 Woodland Ave., Woodland Sautrday, 6pm, 100 Woodland Ave., Woodland	Sun 9am Sun 6pm 1hr Sun 8pm M, 1hr Tue Wed 1 hr Thu BS, 1 hr Fri 6pm 1 hr Fri 10pm Sat noon Sat 6, 2nd Sat Spkr Mtg	x	x	
02	Over the Rainbow	Multi	Monday, 8 pm, 1927 L St., Sac Sunday, 7 pm, 1927 L St., Sac	LGBT, Downstairs, 1hr both mtgs	x	x	
03	Elk Grove Home Group	Multi	Tuesday, 7:30 pm, 9201 Big Horn Blvd., EG Thursday, 7 pm, 9201 Big Horn Blvd, EG Friday, 7 pm, 9201 Big Horn Blvd, EG	Tues M, 1 hr Thur BS, 1 hr Fri 1 hr	x	x	
04	New Beginnings	Multi	Everyday, 8:00 pm, 515 2nd St, Woodland Corner of 2nd and Lincoln	Sun W, Mon 1 hr Tue Noon 1hr Wed BS, CL, 1 hr Thu T, D Fri Y	x	x	No longer have Sat evening meeting
31	Clunie Group	Multi	Monday-Friday, Noon, 2620 Capitol Ave, Sacramento	Mon BS, 1hr Tue 1 hr, NC on 3rd Tuesdays Wed 1 hr Thu 1 hr	x	x	Looking for new GSR, and General Secretary
33	Oak Park Fellowship	Multi	Tuesday, 7 pm, 3425 Martin L. King Jr. Blvd. Wednesday, 6 pm, 3425 Martin L. King Jr. Blvd. Friday, 6 pm, 3425 Martin L. King Jr. Blvd. Saturday, Noon, 3425 Martin L. King Jr. Blvd. 2nd Saturday, 7 pm, 3425 Martin L. King Jr. Blvd.	Tue Wed W Fri BS Sat M 2nd Sat Speaker meeting 2nd Sat of month only	x	x	
55	Hump Day Hope	Multi	Tuesday, Noon, 4445 Fruitridge Rd, Sac Wednesday, Noon, 4445 Fruitridge Rd, Sac Thursday, Noon, 4445 Fruitridge Rd, Sac	Tue 1hr Wed 1hr Thur 1hr	x	x	
		Multi	Number Attended		7	7	
		Multi	Total Meetings this month		7	7	
<b>Sunday</b>							
06	Surrender for Serenity	Sun	7:00 pm, 2201 Benita Dr., Rancho Cordova	CC	x	x	No Alt GSR, All positions are available
07	New Way of Life	Sun	8:00 pm, 7595 Center Parkway, Sac	1 hr	x	x	David new GSR, Laura H is new Alt
27	West Coast Flat Book of NA	Sun	2:00 pm, 4320 Stockton Blvd, Sac	BS, 2hrs	x		
39	Stepping Stones	Sun	6:00 pm, 6600 Bruceville Rd, Sac DB Moore Bldg	Spk, D, 1.5 hrs	x	x	
42	Skip to Recovery	Sun	5:00 pm, 2721 Barbera Way		x	x	
48	It Works on Jefferson	Sun	6:30 pm - 445 Jefferson Ave, Sacramento		x	x	
53	Women of NA	Sun	2:30 pm - 6600 Bruceville Rd, Sacramento	W Wkly B-day	x	x	Birthdays celebrated weekly
56	Work In Progress	Sun	6:30 pm - 53rd & H St, Sac	1 hr 15 min	N e w		
		Sun	Number Attended		8	6	
		Sun	Total Meetings this month		8	8	

### SacFNA ASC Group Sign-In and Changes Sheet

Grou Num	Meeting name	Days	Address and time	Meeting Type	JAN FEB		Changes/Reports
					JAN	FEB	
<b>Monday</b>							
08	Survivors	Mon	7:00 pm - 2201 Benita Drive, RC		x		
09	Keep It Clean	Mon	7:00 pm - 5401 Freeport Blvd., Sac		x	x	Meeting is 1 1/2 hours, Nancy GSR
10	Time and Change	Mon	7:00 pm - 2620 Capitol Ave, Sacramento	T, D, 1 hr, NWA	x	x	new phone number
28	Young, Clean, Full of Recovery	Mon	7:00 pm, 1701 L Street, Sac	Y	x		
32	Tools of Recovery Book Study	Mon	8:00 pm - 7128 Florin Perkins Rd., Sac New Covenant Church of the Nazarine	BS, 1 hr	x	x	Rent has gone up and looking for help, need insurance. Rick new GSR, Heidi Alt
34	Crossroads to Recovery	Mon	6:30pm 7128 Florin Perkins Rd, Sac	BS, 1 hr	x	x	New GSR Miles
45	H.O.W.	Mon	7:00 pm, 1200 North B Street, Sacramento	BS, 1 hr	x		
46	Life After Dope	Mon	7:00 pm, 450 W El Camino, Nor Sac, near Northgate Blvd	CL, 1 hr		x	
47	The Raw 916 Group	Mon	7:00 pm - 6240 14th Ave, Sac Fourteenth Ave Baptist		x	x	6240 14th ave Book Study has 6340 listed and no Book Study
51	Off 99 @ Saybrook	Mon	6:30 pm, 4390 47th St, Sac	1 hr	x	x	New Alt Amy
Number Attended					9	7	
Total Meetings this month					10	10	
<b>Tuesday</b>							
11	No Frills	Tue	7:00 pm - 10497 Coloma Rd., RC		x	x	
12	Cope Without Dope	Tue	7:00 pm - 7128 Florin Perkins Rd., Sac	1 hr	x	x	Rent and Insurance. Leonard new GSR, Patrick new Alt
29	Changing Lanes	Tue	7:30 pm - 10630 Schirra Ave Room #3, RC	1hr	x		
35	Midtown Recovery	Tue	6:30 pm - 1723 L Street, Upstairs (Youth Room)	1 hr		x	
44	The Highlands Group	Tue	7:00 pm, 5626 Santa Fe Way, No Highlands	CL, 1 hr, no kids please	x	x	Michael new GSR, need support with 7th and clean time
54	Rainbow Park Men's Group	Tue	7:00 pm, 3920 43rd Ave, Sacramento	M, 1 hr			
57	Just Recovery	Tue	8:00 pm, 6600 Bruceville Rd, Sac DB Moore Bldg		N e w	x	Needs support
58	Seeking Serenity	Tue	7:00 pm, 250 Cleveland, Sac	CC	N e w	x	
Number Attended					6	6	
Total Meetings this month					8	8	
<b>Wednesday</b>							
13	Clean on Capitol	Wed	7:00 pm, 2100 J St., Sac	1 hr, NWA	x	x	
14	Youth Seeking Truth	Wed	7:00 pm - 2201 Benita Dr., RC	Y	x	x	Jennifer new GSR, Pete new Alt
38	Wednesday Night Connection	Wed	7:00pm - 2721 Barbera Way, RC		x	x	
52	Serenity Sisters	Wed	6:30 pm - 445 Jefferson Ave, Sac	W, 1 hr	x	x	
30	Women's Tea House	Thu	7:00 pm - 3520 Bradshaw Rd, RC	W, CL, 1 hr	x	x	Victoria new GSR, day change from Thur to Wed night 3520 Bradshaw Rd, dinner before meeting
Number Attended					4	5	
Total Meetings this month					4	5	

### SacFNA ASC Group Sign-In and Changes Sheet

Grou Num	Meeting name	Days	Address and time	Meeting Type	JAN		FEB		Changes/Reports
<b>Thursday</b>									
15	Made a Decision	Thu	7:30 pm - 2201 Benita Dr., RC	Y	x		x		
16	Courage to Change	Thu	6:00 pm - 3555 3rd Ave, Oak Park						Has not attended ASC in 3 months
17	Put in on the Heights	Thu	7:00 pm - 3525 Norwood Ave., Sac		x				
50	Ounce of Hope	Thu	7:30 pm - 2450 Meadowview RD, Sac	Y	x		x		
59	Men Living Clean	Thu	7:00 pm - 445 Jefferson Ave, Sac	M CC	N e w		x		Ken new GSR, Child care available
		Thu	Number Attended		5		3		
			Total Meetings this month		6		5		
<b>Friday</b>									
18	Recovery Connection	Fri	8:00 pm - 2101 Zinfandel, RC	CL, No children, Birthday every week	x		x		
19	Friday Night South Sac	Fri	8:00 pm - 4445 Fruitridge Rd., Sac		x		x		
20	Natomas Group	Fri	7:00 pm - 3291 Truxel Road, Sac		x		x		Needs support
36	5th Tradition	Fri	8:00 pm - 5435 Palm Ave, Carmichael	1 hr			x		Format is now 1 hour 8pm
49	Serenity for Today	Fri	3:15 pm - 4343 Williamsburgh Dr, Sac		x		x		Need Alt and GSR
		Fri	Number Attended		4		5		
			Total Meetings this month		5		5		
<b>Saturday</b>									
21	Keep It Simple	Sat	1:00 pm - 10630 Schirra Avenue Room #3, RC		x		x		Matt new GSR
22	E Street Book Study	Sat	10:00 am - 2620 Capitol Ave., Sac	BS, NWA, 1 hr	x		x		Pam new GSR
23	Woman to Woman	Sat	10:00 am - 2829 Watt Ave., Sac	W	x		x		Andrea new GSR
24	After the Fog	Sat	8:00 pm - 2515 48th Ave., Sac		x		x		Richard new GSR, Sat 14th Speaker meeting and Dance - mtg 8-9, dan 9-11
25	Saturday Night Traditions	Sat	7:00 pm - 2529 K St. Sac		x		x		
37	New Crossroads	Sat	Noon - 7595 Center Parkway, Sac	1 hr	x		x		
41	Learning to Care	Sat	10 am, 1615 Morse Ave, Sac Lutheran Church, Arden and Morse Ave.	M	x		x		Randy new GSR, Gerald new Alt
43	Terminal Uniqueness Woman	Sat	Noon - 4445 Fruitridge, Sac	W	x		x		
		Multi	Number Attended		8		8		
			Total Meetings this month		8		8		
			Monthly Number Attended		51		47		
			Monthly Total Meetings		56		56		
			Quorum = 50% of meetings rounded up		28		28		
			Percent Attended Current Month		91.1%		83.9%		