

Sacramento Fellowship of Narcotics Anonymous
Area Service Committee Minutes for February 3, 2010

I. Call to Order at Evelyn Moore Community Center
1402 Dickson Street, Sacramento at 7:00 pm

II. Prayers & Principles

- A. NA Service Prayer
- B. 12 Traditions of Narcotics Anonymous—read by Kevin F.
- C. 12 Concepts for NA Service--read by Cherrill

III. Roll Call/Minutes/Proposals

- A. Roll Call – Group Reports, Roll Call, Suggestions for Brainstorming, Recovery Birthdays
(See attached) **Quorum satisfied**
- B. Approved Minutes from December 9, 2009

IV. Elections

- ✓ Chair -- Elected Carlos H.
- ✓ Vice-Chair -- Tabled until next month
- ✓ Administrative Assistant -- Elected Celine
- ✓ Policy and Procedure Person -- Tabled until next month
- ✓ Public Relations Coordinator -- Elected Kevin F.
- ✓ Schedule Coordinator -- Elected Pam T.

V. Break

VI. General Session

- A. Thanks to those ending their terms
- B. Reports from Admin (See agenda packet)
- C. Announcements gleaned from reports:
 - Outreach will meet on the 2nd Monday of each month at 6:30 pm, 3100 Folsom Blvd. (at Alhambra)
 - Unity Day: Send a picture of your Home Group (members or meeting place) for our countdown to: ptindall@surewest.net. Members can still register for \$4 and buy t-shirts at pre-sale prices by sending in the bottom portion of the flier by February 12.

VII. Brainstorming & Dialogue

Discussion on proposed change at NCCNA:

- Did not experience the geographic countdown as negative, but would give committee's recommendation a try
- Time for GSRs to take back to groups? *NO*
- Did they give an example of how this would work? *Yes, regions will be called, not Areas within NorCal*
- Enjoys celebrating identity of SacFNA (repeated by another member)
- Add wording encouraging people to behave; no need to ax it completely (repeated by another member)
- Never seen a fight, seeing people enjoying themselves

- Recognizing Areas is important
- Concern that the majority of people would be from Nor Cal
- Middle ground?
- **Consensus obtained:** RCMs will report that Sac Fellowship would like to see area role call maintained but prefaced with some language about behavior and friendly competition

Food at the CAR Workshop

- Agnes coordinating on our behalf

OUR TASK: Vegetarian Lasagna for 200 people

- Costco: \$11.68 feeds 12; total cost: \$206.98
- Concern: Keeping hot food hot; IT CAN BE DONE w/ a cambro(?)
- Okay w/ cost not to exceed \$250?
- Would we be responsible for item to keep food hot?
- Could local folks heat?
- Would the funds for food come from Sac Fellowship or Region?

Agnes will get answers to these questions and report in March.

VIII. Additional Proposals (none)

IX. Update from our Treasurer:

Starting Balance: \$6694.92

<i>Expenses:</i>			<i>Income:</i>		
	Agenda Copies	\$180.66		Donations from groups	\$1424.13
	Mileage to RCM	\$40.00		7th Tradition at ASC	\$34.00
	Regional donation	\$85.00		Donations for Coffee	\$2.60
	Schedules	\$		H&I Donations	\$502.58
	Insurance	\$		Unity Day tickets	\$964.00
	Rent (ASC & Admin)	\$75.00		H&I penny a day	\$146.41
	Rent (H&I)	\$36.00		News	\$26.00
	Phonelines	\$169.90		Lit	\$3591.12
	Storage	\$60.00			\$
	Admin Supplies	\$			\$
	PR Lit	\$99.60			\$
	H&I lit	\$678.92			\$
		\$			\$
				Ending Balance	\$11,961.78

X. Closed at 9:33 with the “We” Version of the Serenity Prayer

Coming up...

Admin meeting the 3rd Wednesday of each month.

Join us Wednesday February 17, 2010, 7-9 pm right here -- all are welcome.

Next ASC – Wednesday, March 3, 2010, 7-9:30 pm

SacFNA ASC Group Sign-In and Changes Sheet

Group Num	Meeting name	Days	Address and time	Meeting Type	Name and Contact		Changes/Reports		
					GSR + Contact Info	Alt. GSR + Contact	DEC	FEB	
Multi Meetings									
01	Recovery is Real	Multi	Sunday, 9am, 417 Main St., Woodland Sunday, 6pm, 100 Woodland Ave., Woodland Sunday, 8pm, 100 Woodland Ave., Woodland Tuesday, 6 pm, 100 Woodland Ave., Woodland Wednesday, 6 pm, 100 Woodland Ave., Woodland Thursday, 7 pm, 100 Woodland Ave., Woodland Friday, 6 pm, 100 Woodland Ave., Woodland Friday, 10 pm, 100 Woodland Ave., Woodland Saturday, Noon, 100 Woodland Ave., Woodland Saturday, 6pm, 100 Woodland Ave., Woodland	Sun 9am Sun 6pm 1hr Sun 8pm M, 1hr Tue Wed 1 hr Thu BS, 1 hr Fri 6pm 1 hr Fri 10pm Sat noon Sat 6, 2nd Sat Spkr Mtg	Lisa R. 530-554-0851	Christina	x	x	Interested in hosting a concepts workshop (perhaps in association w/ E St Book Study)
02	Over the Rainbow	Multi	Monday, 8 pm, 1927 L St., Sac Sunday, 7 pm, 1927 L St., Sac	LGBT, Downstairs, 1hr both mtgs	David R. 916-296-7658	Joe G. 916-912-3336	x	x	
03	Elk Grove Home Group	Multi	Tuesday, 7:30 pm, 9201 Big Horn Blvd., EG Thursday, 7 pm, 9201 Big Horn Blvd, EG Friday, 7 pm, 9201 Big Horn Blvd, EG	Tues M, 1 hr Thur BS, 1 hr Fri 1 hr	Christina T 916-247-5848	Ron L. 916-662-5400	x	x	New location: 8170 Laguna Blvd. Suite 107 (Sutter Med Building)
04	New Beginnings	Multi	Everyday, 8:00 pm, 515 2nd St, Woodland Sunday Womens mtg at 7pm + open meeting at 8:30 (1 hr) Tuesday 8:30pm Corner of 2nd and Lincoln	Sun W, Mon 1 hr Tue Noon 1hr Tue 8:30pm 1 hr. Wed BS, CL, 1 hr Thu T, D Fri Y	Dave G. 530-204-9080	Mary R. 530-908-7830	x	x	NEW meeting: Sunday, 8:30pm, 1 hour, open
31	Clunie Group	Multi	Monday-Friday, Noon, 2620 Capitol Ave, Sacramento	Mon BS, 1hr Tue 1 hr, NC on 3rd Tuesdays Wed 1 hr Thu 1 hr	Joe L. 916-617-6301		x	x	New phone # for GSR
33	Oak Park Fellowship	Multi	Tuesday, 6:30 pm, 3425 Martin L. King Jr. Blvd. Wednesday, 6 pm, 3425 Martin L. King Jr. Blvd. Friday, 6 pm, 3425 Martin L. King Jr. Blvd. Saturday, Noon, 3425 Martin L. King Jr. Blvd. 2nd Saturday, 7 pm, 3425 Martin L. King Jr. Blvd.	Tue Wed W Fri BS Sat M 2nd Sat Speaker meeting 2nd Sat of month only	Agnes H. 916-712-7526	Marvell 916-346-4249	x	x	women's brunch committee meeting Feb 20, 9:30 am at 27th & Capitol
45	H.O.W.	Multi	Monday, 7:00 pm, 1200 North B Street, Sac Wednesday, 7:00 pm, 1200 North B Street, Sac	BS, 1 hr	Tanya B 916-856-2336			x	looking for support + trusted servants Alternate contact: Steve S. 916-715-3649
55	Hump Day Hope	Multi	Tuesday, Noon, 4445 Fruitridge Rd, Sac Wednesday, Noon, 4445 Fruitridge Rd, Sac Thursday, Noon, 4445 Fruitridge Rd, Sac	Tue 1hr Wed 1hr Thur 1hr	Kevin S. 916-289-4519		x	x	Wednesdays now a book study
65	Group 55	Multi	Noon 6240 14th Ave, Sac	Mon 1 hr Wed 1 hr Fri 1 hr		Tanya 916-454-4597			went to AR?
67	Getting it Right Downtown	Multi	Monday, 8:00am, 1017 10th St, Sac Wednesday, 8:00am, 1017 10th St, Sac Friday, 8:00am, 1017 10th St, Sac	Mon Spk 1hr Wed JFT 1hr Fri D 1hr	Bud 916-576-9651	Ralphie R. 916-236-7216			Address corrected in new schedule; earlier versions were wrong
		Multi	Number Attended				8	9	
			Total Meetings this month				10	10	
Sunday									
06	Surrender for Serenity	Sun	7:00 pm, 2201 Benita Dr., Rancho Cordova	CC	Shelli 916-459-6706	Kindra 916-617-6501	x		
07	New Way of Life	Sun	8:00 pm, 7595 Center Parkway, Sac	1 hr	Virgie	Sheila 916-451-6710	x		Starting new meeting: Friday, 10 pm (multi-meeting group after Feb?)
27	West Coast Flat Book of NA	Sun	2:00 pm, 1500 North A st, Sac at Quinn Cottages Pavilion	BS, 2hrs	Hurley M. 916-904-4234	Shay 916-236-8617			
39	Stepping Stones	Sun	6:00 pm, 9270 Bruceville Rd, Elk Grove	Spk, D, 1.5 hrs	Ralph G 916-807-3843	Shawna S 916-821-3911	x	x	
42	Skip to Recovery	Sun	5:00 pm, 2721 Barbera Way		Pete S 916-459-8295	Melody	x	x	
48	It Works on Cleveland	Sun	6:30 pm - 258 Cleveland Ave		Jason 916-912-9113		x		
53	Women of NA	Sun	2:30 pm - 4390 47th Ave, Sacramento	W Wkly B-day	Patricia N 916-548-2926		x	x	
		Sun	Number Attended				6	3	
			Total Meetings this month				7	7	
Monday									
08	Survivors	Mon	7:00 pm - 2201 Benita Drive, RC		Nikki 916-968-6395	Aaron	x	x	
09	Keep It Clean	Mon	7:00 pm - 5401 Freeport Blvd., Sac	1 hr	Nancy 916-505-3982				now a 1 hour meeting
10	Time and Change	Mon	7:00 pm - 2620 Capitol Ave, Sacramento	T, D, 1 hr	Russ 916-870-5899		x	x	
28	Young, Clean, Full of Recovery	Mon	7:00 pm, 1701 L Street, Sac	Y	Paul S. 916-271-5628			x	Needs support
32	Tools of Recovery Book Study	Mon	8:00 pm - 7128 Florin Perkins Rd., Sac New Covenant Church of the Nazarine	BS, 1 hr	Barbara 916-969-4474	Nate K. 916-509-6079	x	x	DESPERATELY needs support!
34	Crossroads to Recovery	Mon	6:30pm 7128 Florin Perkins Rd, Sac	BS, 1 hr	Gwen 225-6675		x	x	
46	Life After Dope	Mon	7:00 pm, 450 W El Camino, Nor Sac, near Northgate Blvd	1 hr, V, CC	Bennetha 916-706-7741	Matt 916-868-8114	x	x	
47	The Raw 916 Group	Mon	7:00 pm - 6240 14th Ave, Sac Fourteenth Ave Baptist	BS	Margie R. 916-470-5346	Latasha 916-240-4558	x	x	Successful speaker jam
51	Off 99 @ Saybrook	Mon	6:30 pm, 4390 47th Ave, Sac	1 hr	Bobby 916-471-9618	Ebony	x	x	
60	South Sacramento Recovery	Mon	7:30 pm, 4833 Tangerine Ave, Sac	1 hr	Jimmy 916-223-8813		x		
66	Monday Night Grab Bag	Mon	6:30 pm - Laguna and Franklin, Sac	1 hr	Christine D. 916-683-2471		x	x	
	Freedom from Addiction	Mon	Noon - 7000 Franklin Blvd	1 hr	Joe Henry 916-455-0617			X	NEW MEETING!
		Mon	Number Attended				9	9	
			Total Meetings this month				11	12	

SacFNA ASC Group Sign-In and Changes Sheet

Group Num	Meeting name	Days	Address and time	Meeting Type	Name and Contact		Changes/Reports	
					GSR + Contact Info	Alt. GSR + Contact	DEC	FEB
Tuesday								
11	No Frills	Tue	7:00 pm - 10497 Coloma Rd., RC	CC	Mike G. 916-475-9942			x
12	Cope Without Dope	Tue	7:00 pm - 7128 Florin Perkins Rd., Sac	1 hr	Norm 916-247-9287			x
29	Changing Lanes	Tue	7:30 pm - 10630 Schirra Ave Room #3, RC	1hr	Donna 916-717-4372	Charlene 916-964-1864	x	x
35	Midtown Recovery	Tue	6:30 pm - 1500 North A Street, Sac	1 hr	James 916-517-7454		x	x
44	The Highlands Group	Tue	7:00 pm, 5846 Santa Fe Way, No Highlands	CL, 1 hr, no kids please	Jay W. 916-835-7968		x	x
54	Rainbow Park Men's Group	Tue	7:00 pm, 3920 43rd Ave, Sacramento	M, 1 hr	Juan R. 916-897-7783	Matt L.		
57	Just Recovery	Tue	6:00 pm, 6240 14th Ave, Sac		Debbie T. 916-308-7626	Rick	x	
	Seeking Serenity	Tue	7:00 pm, 250 Cleveland, Sac	CL	Misty 916-647-1881			x
		Tue	Number Attended				4	0
			Total Meetings this month				6	6
Wednesday								
13	Clean on Capitol	Wed	7:00 pm, 2100 J St., Sac	1 hr, NWA	Phil 916-627-8485	Kevin J. 916-281-7168	x	x
14	Youth Seeking Truth	Wed	7:00 pm - 2201 Benita Dr., RC	Y	Seline 916-494-3977	Jeff H. 916-897-6574	x	x
38	Wednesday Night Connection	Wed	7:00pm - 2721 Barbera Way, RC		Jarrod	Derrick K 916-271-4910		x
30	Women's Tea House	Thu	7:00 pm - 3520 Bradshaw Rd, RC	W, CL, 1 hr	Victoria M 916-812-2969			x
61	Sac ARC Group	Wed	500 9th St, Sacramento					
		Wed	Number Attended				2	0
			Total Meetings this month				4	4
Thursday								
15	Made a Decision	Thu	7:30 pm - 2201 Benita Dr., RC	1 hr, JFT, D	Henry 916-206-3125		x	x
16	Courage to Change	Thu	6:00 pm - 3555 3rd Ave, Oak Park	1 hr	Lori			x
17	Put in on the Heights	Thu	7:00 pm - 3525 Norwood Ave., Sac		Marcia 916-410-6492			
50	Ounce of Hope	Thu	7:30 pm - 2450 Meadowview RD, Sac	Y	Tony C. 916-308-6486	Yvette	x	
62	Happy Hour	Thu	5:22 pm 1820 28th St, Sac	1 Hr	Herlinda 916-606-2657	Vincent	x	
		Thu	Number Attended				3	0
			Total Meetings this month				4	4
Friday								
18	Recovery Connection	Fri	8:00 pm - 2101 Zinfandel, RC	CL, No children, Birthday every week	Adrian 916-283-1471	Joe 916-753-7744	x	x
19	Friday Night South Sac	Fri	8:00 pm - 4445 Fruitridge Rd., Sac		Jeff J 916-370-9568	Robert C. 916-256-6042	x	
20	Natomas Group	Fri	7:00 pm - 3291 Truxel Road, Sac		Teresa S. 916968-0236	Kelly 916-613-7052	x	x
36	5th Tradition	Fri	8:00 pm - 5435 Palm Ave, Carmichael	1 hr	David A. 916-612-3073	Jessica L. 916-968-0262		
49	Serenity for Today	Fri	3:15 pm - 4343 Williamsburgh Dr, Sac		Russel 916-216-5891		x	x
63	Road to Recovery	Fri	210 8th St, Williams	1 hr	Clint 630-838-5508			
64	Keep it Real	Fri	6:00 pm - 2620 Capitol Ave, Sac	1 Hr				
		Fri	Number Attended				4	0
			Total Meetings this month				5	5
Saturday								
21	Keep It Simple	Sat	1:00 pm - 10630 Schirra Avenue Room #3, RC		Victor 916-546-0130	Jessica		x
22	E Street Book Study	Sat	10:00 am - 2620 Capitol Ave., Sac	BS, NWA, 1 hr	Pam T. 916-837-9781	Bob	x	x
23	Woman to Woman	Sat	10:00 am - 2829 Watt Ave. Room 4, Sac	W	Andrea R 530-219-1150	Michele 916-812-8537	x	x
24	After the Fog	Sat	8:00 pm - 2515 48th Ave., Sac		Monica 910-5862			
25	Saturday Night Traditions	Sat	7:00 pm - 2529 K St. Sac		Dennis 916-484-1494	Ron	x	x
37	New Crossroads	Sat	Noon - 7595 Center Parkway, Sac	1 hr	Sandra 395-1277	Diana 893-2092	x	
41	Learning to Care	Sat	10 am, 1615 Morse Ave, Sac Lutheran Church, Arden and Morse Ave.	M	Gerald 916-370-0003	Randy J. 707-384-7234	x	x
43	TU Women	Sat	Noon - 4445 Fruitridge, Sac	W	Stephany 916-973-6909	Gina T 916-443-5535	x	x
		Multi	Number Attended				6	0
			Total Meetings this month				8	8
			Monthly Number Attended				42	21
			Monthly Total Meetings				55	56
			Quorum = 50% of meetings rounded up				28	28
			Percent Attended Current Month				76.4%	37.5%

**NEW LOCATION & TIME: 6240 14th Ave, 6-7:30 pm
NEW MEETING!**

Removed from Quorum until return or if meeting goes to H&I meeting

Removed from Quorum until return

Removed from Quorum until return

Planning 21st annual Woman to Woman Celebration--see flier for details. Holding a contest for t-shirt designs.