

Sacramento Fellowship of Narcotics Anonymous  
**Area Service Committee Minutes for January 7, 2009**

**I. Call to Order** at Evelyn Moore Community Center  
 1402 Dickson Street, Sacramento at 7:00 pm



**II. Prayers & Principles**

- A. NA Service Prayer
- B. 12 Traditions - Kelly
- C. 12 Concepts - Ed

**NA Service Prayer**  
*God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of your purpose. Make us servants of your will and grant us a bond of selflessness, that this may truly be your work, not ours - in order that no addict, anywhere, need die from the horrors of addiction.*  
Adapted from the NA Basic Text, page xvi

**III. General Session**

- A. Thanks to those ending their terms  
 New Groups: Men Living Clean, Work in Progress, Just Recovery, Hump Day Hope, Seeking Serenity
- B. Reports from Admin  
*Please skim written reports. We'll discuss only select items & ask for your questions.*
  - Chair
  - Treasurer/Asst Treasurer
  - Liaison to ARANA-ASC
  - Vice Chair
  - Policy & Procedures
  - H & I
  - Admin Assistant
  - RCMs
  - PR Coordinator (includes updates on Newsletter, Helpline, & others)
  - Lit Coordinator

Liaison from ARANA: ARANA will not print our meeting on their schedules as of the end of January.
- C. Group Reports, Roll Call, Suggestions for Brainstorming (tonight or later), B'days
- D. Review/approve minutes from 12/3/2008 - **Consensus obtained to approve.**

**IV. Elections (Guidelines Read)**

Position	Nominee(s)	Accept/Decline	Outcome
Chair	Eric K	Accept	Elected
	Carlos H	Accept	
Vice Chair	Terry	Decline	
	Javier	Decline	
	Carlos	Accept	Elected
Policy & Procedure	Randy	Decline	
	Floyd	Decline	
	Kevin	Decline	
	Tabled to February ASC		
Admin Assistant	Joel	Accept	Elected

**V. Proposals**

**Proposal 1:** To adopt the use of the penny-a-day pin order form (enclosed in agenda packet) to allow members to purchase pins through their GSRs.

- What are the pins?
- Shown to the group
- Suggested maximum of \$25, but the sheet shows larger amounts, why?
- If a member wishes to spend more on the amount of time they have, they may pay over the \$25.
- The money is going back to the SacFNA for our services, right?
- Yes, it will go to the general fund to help us reach our prudent reserve.
- Consensus was obtained to use the order form.**

**Proposal 2:** To add a calendar of duties as an appendix to our guidelines.

Will the duties of showing donations include H&I donations?  
We did not separate H&I out since there was no H&I originally.  
If we decide to include we will add to the calendar.  
**Consensus was obtained to add the calendar to the guidelines.**

**Proposal 3:** To strike “on the 3<sup>rd</sup> Wednesday of each month” from the guidelines regarding when the monthly Board of Directors (admin) meeting is held, leaving Article III, letter A to read “The SacFNA-BOD shall meet monthly to conduct business. ~~on the 3<sup>rd</sup> Wednesday of each month.~~ Everyone is welcome and encouraged to attend and participate.”

Why are we asking for this?  
The location we have admin was lost and we need to have a more continuous and set location.  
How will we find out?  
It is printed on the agenda packet.  
**Consensus was obtained to change the guidelines.**

**Proposal 4:** To increase the budget for schedules from \$125 per month to \$230 per month in order to cover the costs of increasing our order from 6,000 to 7,500 and of printing inserts for months 2 & 3 of each 3-month cycle. (FYI – Though we’d budgeted \$125, actual costs average \$190/month for schedules + inserts.)

Would like to have a monthly meeting schedule and not have the inserts.  
We now have a phonline that will be using the schedule.  
We will have to update the proposal to account for this.  
Schedules go very quickly and not all groups get some.  
We would like to table the proposal to get more accurate information about costs.  
**Consensus was obtained to table the proposal to next month.**

## VI. Brainstorming & Dialogue

### Birthday page in our Area Newsletter:

- Milestones AND birthdays *or* just birthdays?
- Fronts, no fronts, one month forward and one back?

Newsletter is printed every 2 months. How do we handle birthdays?  
As a newcomer and a member showing all birthdays would be important.  
It is still the groups’ responsibility to submit birthdays to the newsletter. Print what is submitted.  
Previous 2 months would be printed and all birthdays would be printed.  
This really only affects those that have clean time that is under a year.  
Why don’t we just skip the birthdays from the first edition and have the GSR’s send them to the address below.  
Will there be a form to submit birthdays?  
Yes at next months meeting. If you would like to send them to the address below, we will include.  
Why don’t we wait another month and print in March?  
We are already a month behind.  
Newsletter email address:  
**RANCHOMICE@YAHOO.COM**

### NA 101

Tabled to February

### H&I Bake Sale

Would like to have the group allow the H&I members to sell items at the ASC to be a fundraiser.  
Concern was raised about area service becoming a store and also about earmarking funds.  
Why don’t we just increase the budget for H&I?  
Would like to see more groups participate in the fund structure instead of selling cookies.  
**Tabled to February**

**Public Address (PA) system**  
**Tabled to February**

**Agenda packets increase numbers.**  
**Tabled to February**

**SacFNA Unity Day**  
**Tabled to February**

**VII. Update from our Treasurer**

<i>Ending Balance from 11/5/08:</i>	<b>\$7,095.69</b>																		
<i>Less total expenditures since then:</i>	<b>\$3,859.85</b>	{ <table border="0"> <tr><td>\$23.00</td><td>PR Literature</td></tr> <tr><td>\$11.06</td><td>Coffee</td></tr> <tr><td>\$56.00</td><td>Storage</td></tr> <tr><td>\$557.67</td><td>Projector and ASC Insurance</td></tr> <tr><td>\$509.60</td><td>H&amp;I Literature</td></tr> <tr><td>\$81.73</td><td>Newsletter</td></tr> <tr><td>\$159.90</td><td>Phoneline</td></tr> <tr><td>\$2460.89</td><td>Literature Purchase</td></tr> </table>	\$23.00	PR Literature	\$11.06	Coffee	\$56.00	Storage	\$557.67	Projector and ASC Insurance	\$509.60	H&I Literature	\$81.73	Newsletter	\$159.90	Phoneline	\$2460.89	Literature Purchase	
\$23.00	PR Literature																		
\$11.06	Coffee																		
\$56.00	Storage																		
\$557.67	Projector and ASC Insurance																		
\$509.60	H&I Literature																		
\$81.73	Newsletter																		
\$159.90	Phoneline																		
\$2460.89	Literature Purchase																		
<i>Plus deposits</i>	<b>\$2,403.32</b>	Literature sales at December ASC																	
<i>Beginning Balance:</i>	<b>\$5,639.16</b>																		
<i>Prudent Reserve \$ 6,573.43 (2 months operating expenses as determined by budget)</i>																			
<i>Donation to Region beyond budgeted amount \$0 (everything over prudent reserve, if we have it!)</i>																			
<i>Expenses:</i>		<i>Income:</i>																	
Agenda Copies	43.64	Donations from groups	847.42																
Mileage to RCM		7th Tradition at ASC	40.00																
Regional donation		Donations for Coffee	9.36																
Schedules	599.36	other																	
Insurance		H&I Donations	490.22																
Rent (ASC & Admin)		Penny a day	60.29																
Rent (H&I)																			
Penny-a-day buttons																			
PR Literature	69																		
Phone line flyers	27.46																		
Storage unit	56.00																		
		<i>Ending Balance: \$6,094.99</i>																	

**VII. Close by 9:30 with the “We” Version of the Serenity Prayer**  
**Coming up...**

Admin meeting moves to the 4<sup>th</sup> Wednesday of each month starting in January!  
 Join us Wednesday, January 28, 2009, 7-9 pm right here -- all are welcome.  
 Next ASC – Wednesday, February 4, 2009, 7-9:30 pm

<b>Admin Position</b>	<b>Task Leaders</b>	<b>Name</b>	<b>Email</b>	<b>Phone</b>	<b>Elected</b>	<b>Term</b>	<b>Jan</b>	<b>Feb</b>
<b>Chair</b>		Eric K.	sacking@yahoo.com	916-339-2263	1/7/2009	Jan 2010	x	
<b>Vice-Chair</b>		Carlos H.	carlosh@visindpac.com	916-275-7140	1/7/2009	Jan 2010	x	
<b>Admin Assistant</b>		Joel A.	asc_admin@sacna.org	916-616-8566	1/7/2009	Jan 2010	x	
<b>Senior RCM</b>		Vince V.	vvaldez63@sbcglobal.net	916-743-3011	7/2/2008	July 2009		
<b>Junior RCM</b>		Mark K.	mwkeeneycontracts@earthlink.net	916-870-4907	7/2/2008	July 2009		
<b>Treasurer</b>		Dolores H.	doloresh@visindpac.com	916-308-6842	7/2/2008	July 2009		
<b>Asst. Treasurer</b>		Ronda K.	mrsmwk@yahoo.com	916-704-9727	7/2/2008	July 2009		
<b>Literature Coordinator</b>		John G.	jpgidding@sbcglobal.net	916-212-8024	7/2/2008	July 2009		
<b>Asst. Literature Coordinator</b>		Bob C.	bobcollop@yahoo.com	916-459-6178	11/5/2008	July 2009		
<b>Policy and Procedure</b>		Vacant			1/7/2009	Jan 2010		

### SacFNA ASC Group Sign-In and Changes Sheet

Grou Num	Meeting name	Days	Address and time	Meeting Type		Changes/Reports	
				DEC	JAN		
<b>Multi Meetings</b>							
01	Recovery is Real	Multi	Sunday, 9am, 417 Main St., Woodland Sunday, 6pm, 100 Woodland Ave., Woodland Sunday, 8pm, 100 Woodland Ave., Woodland Tuesday, 6 pm, 100 Woodland Ave., Woodland Wednesday, 6 pm, 100 Woodland Ave., Woodland Thursday, 7 pm, 100 Woodland Ave., Woodland Friday, 6 pm, 100 Woodland Ave., Woodland Friday, 10 pm, 100 Woodland Ave., Woodland Saturday, Noon, 100 Woodland Ave., Woodland Saturday, 6pm, 100 Woodland Ave., Woodland	Sun 9am Sun 6pm 1hr Sun 8pm M, 1hr Tue Wed 1hr Thu BS, 1hr Fri 6pm 1hr Fri 10pm Sat noon Sat 6, 2nd Sat Spkr Mtg	x	x	Sat meeting 2nd sat is a speaker meeting  Sunday morning meeting address is 417 Main St in Woodland
02	Over the Rainbow	Multi	Monday, 8 pm, 1927 L St., Sac Sunday, 7 pm, 1927 L St., Sac	LGBT, Downstairs, 1hr both mtgs	x	x	Need Alt GSR Remove NWA meeting is now downstairs
03	Elk Grove Home Group	Multi	Tuesday, 7:30 pm, 9201 Big Horn Blvd., EG Thursday, 7 pm, 9201 Big Horn Blvd, EG Friday, 7 pm, 9201 Big Horn Blvd, EG	Tues M, 1 hr Thur BS, 1 hr Fri 1 hr	x	x	
04	New Beginnings	Multi	Everyday, 8:00 pm, 515 2nd St, Woodland Corner of 2nd and Lincoln	Sun W, Mon 1 hr Tue Noon 1hr Wed BS, CL, 1 hr Thu T, D Fri Y Sat	x	x	
31	Clunie Group	Multi	Monday-Friday, Noon, 2620 Capitol Ave, Sacramento	Mon BS, 1hr Tue 1 hr, NC on 3rd Tuesdays Wed 1 hr Thu 1 hr	x	x	No GSR
33	Oak Park Fellowship	Multi	Tuesday, 7 pm, 3425 Martin L. King Jr. Blvd. Wednesday, 6 pm, 3425 Martin L. King Jr. Blvd. Friday, 6 pm, 3425 Martin L. King Jr. Blvd. Saturday, Noon, 3425 Martin L. King Jr. Blvd. 2nd Saturday, 7 pm, 3425 Martin L. King Jr. Blvd.	Tue Wed W Fri BS Sat M 2nd Sat Speaker meeting	x	x	Agnes new GSR Andrew W new Alt GSR 1/10/09 Women Brunch meeting
55	Hump Day Hope	Multi	Tuesday, Noon, 4445 Fruitridge Rd, Sac Wednesday, Noon, 4445 Fruitridge Rd, Sac Thursday, Noon, 4445 Fruitridge Rd, Sac	Tue 1hr Wed 1hr Thur 1hr	N e w	x	Keith new GSR
		Multi	Number Attended		7	7	5
		Multi	Total Meetings this month		7	7	
<b>Sunday</b>							
06	Surrender for Serenity	Sun	7:00 pm, 2201 Benita Dr., Rancho Cordova	CC	x	x	Chris new GSR
07	New Way of Life	Sun	8:00 pm, 7595 Center Parkway, Sac	1 hr	x	x	Steve new GSR
27	West Coast Flat Book of NA	Sun	2:00 pm, 4320 Stockton Blvd, Sac	BS, 2hrs		x	Hurley is new GSR 1/24 2:00pm Speaker Jam
39	Stepping Stones	Sun	6:00 pm, 6600 Bruceville Rd, Sac DB Moore Bldg	Spk, D, 1.5 hrs	x	x	
42	Skip to Recovery	Sun	5:00 pm, 2721 Barbera Way		x	x	New Alt Kindra
48	It Works on Jefferson	Sun	6:30 pm - 445 Jefferson Ave, Sacramento		x	x	Needs support
53	Women of NA	Sun	2:30 pm - 6600 Bruceville Rd, Sacramento	W	x	x	
56	Work In Progress	Sun	6:30 pm - 53rd & H St, Sac	1 hr 15 min		N e w	
		Sun	Number Attended		6	8	
		Sun	Total Meetings this month		7	8	
<b>Monday</b>							
08	Survivors	Mon	7:00 pm - 2201 Benita Drive, RC		x	x	Debi new GSR No Alt GSR
09	Keep It Clean	Mon	7:00 pm - 5401 Freeport Blvd., Sac		x	x	Nancy new GSR Alt Donna Now 1 1/2 hours, needs support
10	Time and Change	Mon	7:00 pm - 2620 Capitol Ave, Sacramento	T, D, 1 hr, NWA		x	
28	Young, Clean, Full of Recovery	Mon	7:00 pm, 1701 L Street, Sac	Y		x	
32	Tools of Recovery Book Study	Mon	8:00 pm - 7128 Florin Perkins Rd., Sac New Covenant Church of the Nazarine	BS, 1 hr		x	New Alt GSR Charles
34	Crossroads to Recovery	Mon	6:30pm 7128 Florin Perkins Rd, Sac	BS, 1 hr	x	x	
45	H.O.W.	Mon	7:00 pm, 1200 North B Street, Sacramento	BS, 1 hr		x	
46	Life After Dope	Mon	7:00 pm, 450 W El Camino, Nor Sac, near Northgate Blvd	CL, 1 hr	x		
47	The Raw 916 Group	Mon	7:00 pm - 6340 14th Ave, Sac Fourteenth Ave Baptist		x	x	
51	Off 99 @ Saybrook	Mon	6:30 pm, 4390 47th St, Sac	1 hr		x	
		Mon	Number Attended		5	9	
		Mon	Total Meetings this month		10	10	

### SacFNA ASC Group Sign-In and Changes Sheet

Group Num	Meeting name	Days	Address and time	Meeting Type	Month		Changes/Reports
					DEC	JAN	
<b>Tuesday</b>							
11	No Frills	Tue	7:00 pm - 10497 Coloma Rd., RC		x	x	
12	Cope Without Dope	Tue	7:00 pm - 7128 Florin Perkins Rd., Sac	1 hr	x	x	
29	Changing Lanes	Tue	7:30 pm - 10630 Schirra Ave Room #3, RC	1hr	x	x	
35	Midtown Recovery	Tue	6:30 pm - 1723 L Street, Upstairs (Youth Room)	1 hr	x		
44	The Highlands Group	Tue	7:00 pm, 5626 Santa Fe Way, No Highlands	CL, 1 hr, no kids please	x	x	
54	Rainbow Park Men's Group	Tue	7:00 pm, 3920 43rd Ave, Sacramento	M, 1 hr	x		
57	Just Recovery	Tue	8:00 pm, 6600 Bruceville Rd, Sac DB Moore Bldg			N e w	
58	Seeking Serenity	Tue	7:00 pm, 250 Cleveland, Sac	CC		N e w	
		Tue	Number Attended		6	6	
			Total Meetings this month		6	8	
<b>Wednesday</b>							
13	Clean on Capitol	Wed	7:00 pm, 2100 J St., Sac	1 hr, NWA	x	x	
14	Youth Seeking Truth	Wed	7:00 pm - 2201 Benita Dr., RC	Y		x	
38	Wednesday Night Connection	Wed	7:00pm - 2721 Barbera Way, RC		x	x	Grady GSR Steven Alt
52	Serenity Sisters	Wed	6:30 pm - 445 Jefferson Ave, Sac	W, 1 hr	x	x	Jennifer new GSR
		Wed	Number Attended		3	4	
			Total Meetings this month		4	4	
<b>Thursday</b>							
15	Made a Decision	Thu	7:30 pm - 2201 Benita Dr., RC	Y	x	x	Tiana new GSR need Alt GSR
16	Courage to Change	Thu	6:00 pm - 3555 3rd Ave, Oak Park				
17	Put in on the Heights	Thu	7:00 pm - 3525 Norwood Ave., Sac			x	
30	Women's Tea House	Thu	7:00 pm - 10361 Rockingham Dr, RC	W, CL, 1 hr	x	x	10361 Rockingham Dr new address Victoria new Alt GSR
50	Ounce of Hope	Thu	7:30 pm - 2450 Meadowview RD, Sac	Y	x	x	
59	Men Living Clean	Thu	7:00 pm - 445 Jefferson Ave, Sac	M		N e w	
		Thu	Number Attended		3	5	
			Total Meetings this month		5	6	
<b>Friday</b>							
18	Recovery Connection	Fri	8:00 pm - 2101 Zinfandel, RC	CL, No children, Birthday every week	x	x	
19	Friday Night South Sac	Fri	8:00 pm - 4445 Fruitridge Rd., Sac		x	x	
20	Natomas Group	Fri	7:00 pm - 3291 Truxel Road, Sac		x	x	Teresa new GSR Needs support
36	5th Tradition	Fri	7:30 pm - 5435 Palm Ave, Carmichael		x		
49	Serenity for Today	Fri	3:15 pm - 4343 Williamsburgh Dr, Sac		x	x	Still need GSR still need Alt GSR Need Treasurer
		Fri	Number Attended		5	4	
			Total Meetings this month		5	5	

### SacFNA ASC Group Sign-In and Changes Sheet

Grou Num	Meeting name	Days	Address and time	Meeting Type	DEC   JAN		Changes/Reports
					DEC	JAN	
<b>Saturday</b>							
21	Keep It Simple	Sat	1:00 pm - 10630 Schirra Avenue Room #3, RC		x	x	
22	E Street Book Study	Sat	10:00 am - 2620 Capitol Ave., Sac	BS, NWA, 1 hr	x	x	
23	Woman to Woman	Sat	10:00 am - 2829 Watt Ave., Sac	W	x	x	Woman to Woman celebration logo contest (20th anniversary)
24	After the Fog	Sat	8:00 pm - 2515 48th Ave., Sac		x	x	Richard new GSR In a recovery home needs support
25	Saturday Night Traditions	Sat	7:00 pm - 2529 K St. Sac		x	x	
37	New Crossroads	Sat	Noon - 7595 Center Parkway, Sac	1 hr		x	
41	Learning to Care	Sat	10 am, 1615 Morse Ave, Sac Lutheran Church, Arden and Morse Ave.	M	x	x	
43	Terminal Uniqueness Woman	Sat	Noon - 4445 Fruitridge, Sac	W	x	x	Gina new GSR Crystal new Alt Remove BS from schedule
		Multi	Number Attended		7	8	
			Total Meetings this month		8	8	
		Monthly Number Attended			42	51	
		Monthly Total Meetings			52	56	
		Quorum = 50% of meetings rounded up			26	28	
		Percent Attended Current Month			80.8%	91.1%	