

Sacramento Fellowship of Narcotics Anonymous  
**Area Service Committee Agenda for July 11, 2007**

**I. Call to Order** at George Sim Community Center

6207 Logan St, Sacramento at 7:00 pm

**II. Prayers & Principles**

- A. NA Service Prayer →
- B. 12 Traditions of Narcotics Anonymous
- C. 12 Concepts for NA Service

**NA Service Prayer**

*God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of your purpose. Make us servants of your will and grant us a bond of selflessness, that this may truly be your work, not ours - in order that no addict, anywhere, need die from the horrors of addiction.*

Adapted from the NA Basic Text, page xvi

**III. General Session**

- A. Welcome New Groups/GSRs
- B. Thanks to GSRs ending their terms of service
- C. Reports from Admin.
  - Chair
  - Vice Chair
  - Admin Assistant
  - Treasurer/Asst Treasurer
  - Policy & Procedures
  - RCMs
  - Lit Coordinator
- D. Roll Call & Group Reports – suggest topics for open forum
- E. Review/approve minutes from 6/6/2007

**IV. Deliberation Session** (brainstorming/open forum)

**V. Decision Session**

**Proposal 1:** To adopt the proposed Activities Guidelines (see attached).

**Proposal 2:** To buy a coffee pot and identify a coffee person.

**Proposals from the floor?**

➤

➤

➤

**V. Update from our Treasurer**

**VI. Close by 9:30 with the “We” Version of the Serenity Prayer**

## **Chairperson's Report to the July 11, 2007 Area Service Committee of SacFNA**

### **Debriefing Last Month's ASC:**

We applied new aspects of our consensus decision making process last month and I'm so proud that we have developed an atmosphere in which it's safe to disagree! This way of doing business is new to all of us and I certainly have a lot to learn. Since the proposal in question had some history, I should have reviewed our previous discussions for newer members or visitors. Also, while all members have a voice here and are welcome to speak their minds, I should only have recognized GSRs when it came to officially registering dissent by assenting with reservations, standing aside, or blocking. As it turned out, it didn't affect the outcome on that proposal – live and learn, right?

### **Building Strong Home Groups:**

We spent sometime at each of our last 3 ASC meetings discussing our collective wisdom on building strong home groups. Since meetings are the chief mean of carrying our message, I hope you agree that this was time well spent and valued sharing your experience and learning from one another. As valuable as it was, however, it did take a sizeable chunk of our limited time together each month and made it necessary to scrap "open forum brainstorming" (known as the "deliberation session" in consensus decision making) on more than one occasion.

### **Deliberation Session (aka Open Forum Brainstorming) Returns Tonight!**

...with a slight twist. If there's a topic you'd like to hear discussed, please let us know during role call and group reports. We'll keep a running list and ask that the majority of comments address our top concerns.

### **Meeting w/ARANA on Sharing Services**

As I hope you heard, interested members from the Sacramento Fellowship and American River Area were invited to meet last Sunday to discuss the possibilities of coordinating and/or possibly sharing some of our service efforts. In preparation for the meeting, we used the bulk of our monthly admin meeting (here each 3<sup>rd</sup> Wednesday...join us!) to brainstorm about different possibilities and try to discern the collective will of our Area from our previous discussions and poster sessions. Briefly, it's our understanding that **phonelines**, **schedule**, and **H & I** would be most effectively accomplished in a joint effort with ARANA. Our representatives communicated this at joint meeting. Your further input is welcome and encouraged.

### **Guidelines Revisions**

Our temporary operational guidelines are due for a major overhaul. We've noted the many inconsistencies that need to be amended, especially as we've moved away from using Robert's Rules of Order. If you have additional input, please give it to Russ. Our goal is to do the major repair work at our admin meeting, provide copies with the suggested revisions to you at our August ASC, ask you to get your group's input in August, and then do any fine tuning necessary and approve the revised guidelines as a whole in September.

### **Our Commitment to Ending at 9:30...**

...is serious! Please stay until the not-so-bitter end. Thanks!

In service,  
Pamela T.  
916.837.9781 – ptindall@surewest.net

**July 11, 2007**  
**SacFNA Vice-Chair Report**

I participated in our brainstorming session during the admin meeting on the pros and cons of cooperating, collaborating or doing separate phone lines, public information and H&I activities.

There was a meeting between ARASC and SacFNA members to discuss the various pros and cons of how these services could perform in the Sacramento area. It was a constructive meeting. More meetings will follow.

I had previously drafted some guidelines for us to discuss tonight on activities and what responsibilities should fall on the groups and the SacFNA ASC. I look forward to helping us develop these guidelines so groups can move forward with developing ideas for activities that support our new Area and provide opportunities for fellowship and celebrations of recovery.

Thanks for letting me be of service.

Eric K  
Vice-Chair

---

**Treasurer's Report**

Hi Everyone-

Thank you for your continued service. I have nothing new to report.

I have attached a statement of account, which is updated through July 11, 2007. Please don't hesitate to contact me with any questions or comments. My email address is: [davidhmayer@yahoo.com](mailto:davidhmayer@yahoo.com), and my phone # is 802-7425.

In loving service,

Dave M, SacFNA Treasurer

Balance carried forward from 6/6/07 Area Service Meeting:				\$1,946.29
DATE	Transaction (Paid To/Received From)	Deposit (+)	Expense (-)	ACCOUNT BALANCE
6/6/2007	Agenda Copies		\$33.19	\$1,913.10
6/6/2007	Group Donations	\$504.99		\$2,418.09
6/6/2007	7th Tradition Collection	\$49.00		\$2,467.09
6/6/2007	Literature Sales	\$1,421.80		\$3,888.89
6/6/2007	Donation to NCRSC		\$75.00	\$3,813.89
6/17/2007	Purchase Area Literature Order (NCRSO)		\$1,590.42	\$2,223.47
6/20/2007	Regional Schedules (Kinkos)		\$366.66	\$1,856.81
6/20/2007	7/11/07 Area Service Meeting (City of Sacramento)		\$90.00	\$1,766.81
6/20/2007	7/18/07 Admin. Meeting (City of Sacramento)		\$30.00	\$1,736.81

**July 11, 2007**  
**Policy & Procedures Person Report**

I look forward to reports from those who were able to attend the July 8 joint meeting with ARANA regarding shared services. This important dialog concerning Joint Ventures has been a lively topic. The formation of subcommittees and/or joint ventures will allow us to further our goals. I look forward to participating with you as the process unfolds.

Thank you for allowing me to be of service.

Russ H

---

**Senior RCM Report**

I attended the Regional Service Committee meeting on June 9<sup>th</sup> and attended the Adhoc Committee meeting of the ARANA and SacFNA Fellowships on July 8<sup>th</sup>. I fully participated in both meetings. I plan on attending the Regional Service Committee meeting this coming Saturday in Shasta.

Thank you,

Carlos

---

**Literature Report**

Good evening everyone,

Last month we sold \$1,421.80, I placed an order for \$1,590.42 which brings our total to \$2,477.53 worth of literature on hand. Please remember to make out your order forms in duplicate, and back ordered items do not have to be reordered. The back ordered items will automatically be ordered and I fill back orders first at the next ASC.

Yours in service,  
Randy B.

## RCM (Junior) Report July, 2007

Good evening everyone. It seems like a very long time since we last met. My report is lengthy due to the information contained in the Regional Inventory.

Carlos and I attended the Regional Service Committee meeting on June 9<sup>th</sup>. There were no reports given orally or new business at the RSC due to Regional Inventory. The inventory process was both interesting and informative. We performed the inventory using small groups, very much like we have done here at the SacFNA ASC. There were three questions, what follows are the answers compiled by Matt S., the Regional Delegate.

### *Session 2 (IDT Infrastructure) Questions (Same for everyone) (Based on "Infrastructure" Issue Discussion Topic)*

#### *1. How can our regional service system better allow for new ideas and creative approaches?*

- *Discard Robert's Rules of Order*
- *More small group discussions held*
- *Change routine and make agenda more creative*
- *Suggestion box at the RSC and online for ideas*
- *Vote to implement one new idea each month on a trial basis*
- *Use consensus-based decision making*
- *Combine subcommittees*
- *Task-based projects at all levels of service*
- *More group sponsored events with area support*
- *Dispense with most regular business and focus on a topic for portion of the meeting*
- *Make more open time for creativity, dispense with reading of written reports*
- *Give out numbers to sit at different tables*
- *Large Post-it notes for problems*
- *Round table set up or grouped tables*
- *Food to eat/socializing together*
- *Non-judgmental listing of all suggestions turned in*
- *Put a suggestion box or form on the NAWS website that is in the public eye*
- *Remember open-mindedness, address abusive behavior and stop it*
- *Ditching Robert's rules of order*
- *Periodic brainstorming and small group discussions at all levels of service*
- *Be more open-minded*

- *Forum topics at RSC (20-30 minutes) that are mandatory*
- *“Idea tree” full of ideas in case we run out one month*
- *Change attitudes toward open forum*
- *Consensus based decision making*
- *Focus on individual’s changes*
- *“Human suggestion box”*
- *One person can motivate people*
- *Encourage unity via discussion groups*
- *Positive energy!*
- *Be willing to change old ways*
- *Reward those that think outside the box*
- *Make it mandatory that you can never say “We’ve always done it that way!”*

2. *What aspects of our Service System may need changing?*

*Consensus based decision making*

- *Allow people to hold more than one commitment (eliminate “one vote per person”) ie: can serve as RCM and on Board*
- *Encourage rotation of service*
- *Too many reports and not enough service stuff*
- *Allow for one-month overlap of all positions for training of incoming people*
- *Establish formula for areas to refer to in deciding how much (minimum) they should donate to region to cover regional expenses & insurance costs*
- *Robert’s Rules of order – implement consensus based order*
- *Shorter commitment length*
- *Service pools for task oriented service*
- *Use coordinators to delegate more instead of positions with lots of responsibilities*
- *Communicate importance of service*
- *World seems far away from groups*
- *Confusion on how to communicate with world from the group or individual level*
- *Change service structure where the area chair is RCM and Regional Delegate is Regional Chair*
- *Committee structure*
- *All motions tabled for 30 days to ensure group conscious*
- *More training*

- *Modify procedural structure*
- *Task group process*
- *Clarification of existing service structure*
- *Effective Leadership*
- *Rotation of service*
- *Volunteer service*
- *Don't elect people just because they are there (i.e. in order to fill the position)*
- *More structure for business meetings at the group level*

**3. What steps can be taken to help build a more productive and responsive service structure?**

- *More discussion groups*
- *Free food!*
- *Raffles for \$*
- *Phone directory for world*

I find it interesting and satisfying that a great many of the ideas proposed are already in process at our ASC.

The July RSC will be held in Shasta. Occasionally the RSC will be held in outlying areas at the request of those areas. In January, 2008 the RSC will be held in Konokti Harbor (Clear Lake) in conjunction with the TAC Convention.

The following groups have not yet submitted a request to the American River Area to remain in their schedule: A New Way of Life, Keep it Clean, Young, Clean and Full of Recovery, Made A Decision, Natomas Group, Keep it Simple, Women to Women and After the Fog. If you represent one of these groups please make sure to fill out the form I gave you last month and I will get it to the PI subcommittee.

There is no Regional Calendar this month as there was no RSC Secretary. A new Secretary was elected and will update the calendar this month.

Yours in service,

Ann  
Junior RCM

SACRAMENTO FELLOWSHIP AREA SERVICE ROLL CALL

<b>ADMINISTRATIVE COMMITTEE</b>	<b>MEMBER</b>	<b>PHONE</b>	<b>May-07</b>	<b>Jun-07</b>	<b>Jul-07</b>	<b>Report/Open Forum Items</b>
Chairperson	Pam T.	837-9781	X	X		
Vice-Chair	Eric K.	284-4541	X	X		
Treasurer	Dave M.	802-7425	X	X		
Assistant Treasurer	Dolores	308-6842	X	X		
Administrative Assistant	Catherine B	393-6783	X	X		
Literature Chair	Randy B.	416-9844	X	X		
Parliamentarian	Russ H	870-5899	X	X		
Sr. RCM	Carlos H.	275-7140	X	X		
Jr. RCM	Ann M.	879-2109	X	X		
<b>MULTI-MEETING GROUPS</b>	<b>GSR</b>	<b>PHONE</b>	<b>May-07</b>	<b>Jun-07</b>	<b>Jul-07</b>	<b>Report/Open Forum Items</b>
1. Recovery is Real	David	530-668-8617	X	X		
2. Over the Rainbow	Joel A.	616-8566	X	X		
3. Elk Grove Home Group	Teresa	420-9919	X	X		
4. New Beginnings	Randy	416-9844	X	X		
5. Terminal Uniqueness	Darla W.	236-8223	X	X		
31. Clunie Group	AJ	628-1178	X	X		
33. Oak Park Fellowship	Terry L.	821-8899	X	X		
<b>SUNDAY MEETINGS</b>	<b>GSR</b>	<b>PHONE</b>	<b>May-07</b>	<b>Jun-07</b>	<b>Jul-07</b>	<b>Report/Open Forum Items</b>
6. Surrender for Serenity	Robert W.	470-4726	X	X		
7. A New Way of Life	Vince V.	743-3011	X	X		
27. West Coast Flat Book of NA Ste	Samirah R.	363-0755	X	X		
<b>MONDAY MEETINGS</b>	<b>GSR</b>	<b>PHONE</b>	<b>May-07</b>	<b>Jun-07</b>	<b>Jul-07</b>	<b>Report/Open Forum Items</b>
8. Survivors	Michael B	534-5896	X	X		
9. Keep It Clean	Jimmy V.	448-1506	X	A		
10. Time and Change	Max M.	247-6397	X	X		
28. Young, Clean, Full of Recovery	Tonya H.	862-3313	X	A		
32. 70/40 Bookstudy	Conrad P.	670-3138	X	X		
34. Cross Roads to Recovery	Johnny S.	386-8786	X	X		

SACRAMENTO FELLOWSHIP AREA SERVICE ROLL CALL

<b>TUESDAY MEETINGS</b>	<b>GSR</b>	<b>PHONE</b>	<b>May-07</b>	<b>Jun-07</b>	<b>Jul-07</b>	<b>Report/Open Forum Items</b>
11. No Frills	Todd	947-6793	X	X		
12. Cope Without Dope	Dennis	396-6122	X	X		
29. Changing Lanes	Steve S.	361-1612	X	X		
35. Mid-Town Recovery	Jae E.	868-1742	X	A		
<b>WEDNESDAY MEETINGS</b>	<b>GSR</b>	<b>PHONE</b>	<b>May-07</b>	<b>Jun-07</b>	<b>Jul-07</b>	<b>Report/Open Forum Items</b>
13. Clean on Capitol	Kelly C	290-3869	X	X		
14. Youth Seeking Truth	Victoria	521-2969	X	X		
<b>THURSDAY MEETINGS</b>	<b>GSR</b>	<b>PHONE</b>	<b>May-07</b>	<b>Jun-07</b>	<b>Jul-07</b>	<b>Report/Open Forum Items</b>
15. Made a Decision	Dale H	459-9255	X	A		
16. Courage to Change	Tonya N.	388-9564	A	X		
17. Puttin' on the Heights	Christina S.	459-6479	X	X		
30. Women's Tea House	Tambi	743-7815	X	X		
<b>FRIDAY MEETINGS</b>	<b>GSR</b>	<b>PHONE</b>	<b>May-07</b>	<b>Jun-07</b>	<b>Jul-07</b>	<b>Report/Open Forum Items</b>
18. Recovery Connection	Eddie S.	362-2284	X	X		
19. Friday Night South Sac	Theresa K.	640-7011	X	X		
20. Natomas Group	Dolores	308-6842	X	X		
36. 5th Tradition	Marty		n/a	X		
<b>SATURDAY MEETINGS</b>	<b>GSR</b>	<b>PHONE</b>	<b>May-07</b>	<b>Jun-07</b>	<b>Jul-07</b>	<b>Report/Open Forum Items</b>
21. Keep It Simple	Charlene S	868-9958	X			
22. E Street Book Study	Jennifer	879-0697	X			
23. Woman to Woman	Julie L.	459-7626	X			
24. After the Fog	Jamie Kaihe	862-4601	X			
25. Saturday Night Traditions	Ron R.	33-2858	X			
26. Nope to Dope	Shelli M.	363-3562	X			
37. New Crossroads	Tamu	606-1024	n/a	X		

Sacramento Fellowship of Narcotics Anonymous  
**Area Service Committee Minutes for June 6, 2007**

- I. Call to Order at George Sim Community Center by Pam T.  
6207 Logan St., Sacramento, at 7:00 p.m.
  
- II. Prayers and Principles
  - A. NA Service Prayer, All
  - B. 12 Traditions of Narcotics Anonymous, Max M.
  - C. 12 Concepts for NA Service, Victoria
  
- III. General Session
  - A. Welcome New Groups, GSRs, and Alt. GSRs
    - i. Marty, 5<sup>th</sup> Tradition Group
    - ii. Chris, Mid Town
    - iii. Celeste, Alt GSR, Women's Tea House
    - iv. Johnny, Alt. GSR, New Crossroads
    - v. Joanne, Alt GSR, Nope to Dope
    - vi. Gary, Alt GSR, Over the Rainbow
    - vii. Julie, Alt GSR Cope Without Dope
  - B. Admin Reports
  - C. Special Guests
    - i. Margie R., representing Unity Day needs six secretaries.
      - 1. Six group names were drawn from a hat to bring secretaries:
        - a. Saturday Night Traditions
        - b. West Coast Flat Book Study
        - c. Clean on Capitol
        - d. 70/40 Bookstudy
        - e. Oak Park Fellowship
        - f. Keep It Clean
      - 2. August 4<sup>th</sup>, 10-7pm
      - 3. Go online to download a flier, get more information about the event. Unity Day needs support.
      - 4. Unity Day will bring fliers to our next ASC
      - 5. Pre registration is \$8 due July 28<sup>th</sup> and includes the meal cost.
    - ii. Bob, H&I Vice Chair ARANA
      - 1. Will be participating here each month
      - 2. If you want to get involved, we have applications
      - 3. Have picked up 6 more facilities in last few months
    - iii. Dan, Coordinating Shared Services Between the Two Areas
      - 1. Meeting the sooner the better is desired
  - D. POSTER SESSION: Practices of Strong Home Groups: How does your group interact with NA and the community? (See Poster Session Notes Attached)
  - E. Proposals
    - i. Proposal 1: Combine Archivist/Parliamentarian  
Archivist took a new job and had to resign. Since we don't follow Robert's Rules of Order, we don't need a Parliamentarian, we could combine the two positions.  
**Proposal accepted**

- ii. Proposal 2: Publish a schedule four (?) times/year listing meetings in Sacramento and surrounding communities – East to Placerville, Auburn, Nevada City, Grass Valley; West to Fairfield/Suisun; North to Marysville/Yuba City; and South to Lodi and Jackson.

### **Discussion**

1. Concerns about costs-to newcomer as well as to our Area.
2. Creates a Regional guide to NA meetings – Region isn't interested in developing or distributing a guide.
3. Can't we print separate regional schedules cheaper?
4. Some surrounding Areas are excited about purchasing.
5. Would surrounding regions be willing to pitch in the costs?

Chair reminded the body of the four components of deliberation:

- Consent (silent)
- Assent with reservations (I think this is a mistake but I can live with it)
- Stand aside with reservations (I'm willing to let us make a mistake)
- Block (I can't allow because it violates a tradition/concept) (takes 5 GSRs, and must cite the tradition or concept that is being violated)

➤➤ Taking a pulse, many GSRs raised hands that they were in agreement with this proposal.

### **Discussion**

1. We need to take this back to groups. Groups can choose to buy this meeting directory or not.
2. Many groups have very little support at business meeting level (as has been demonstrated already here tonight during roll call announcements). Groups entrust GSRs with taking home group conscience to Area.
3. Chair asks members choosing to block if they are willing to stand aside.

**Concept Cited:** 11<sup>th</sup> Concept of fiscal accountability

**Consensus was gained. Blockers stood aside and proposal was accepted.**

### Final Treasurer's Report

[\$33.19] Agenda Packets  
\$504.99 Group Donations  
\$49.00 7<sup>th</sup> Tradition  
\$1421.80 Literature  
[\$75.00] Region Donation

Proposal to donate \$50.00 to Region.

Proposal was raised to donate \$100.00 to Region.

Proposal was made to donate \$75.00 to Region.

**Proposal to donate \$75.00 to Region was accepted.**

***Meeting was adjourned at 9:30 pm.***

POSTER SESSION NOTES  
**Practices of Strong Home Groups**

How Does Your Group Interact with NA and the Community?

Changing as Members Change

- We are trying to get members to sign up as home group members.

Preparing Members for Other Levels of Service

- We spend 5 minutes during each business meeting on the tradition and the concept of the month. (We work with the tradition/concept corresponding to the number of the month.)
- We promote at meeting level about services that are available – what they are about.
- Being committed.

Cooperation with Other Groups

- During announcements, we point out what other meetings need support or events that need volunteers.

Connecting Newcomers with Experienced Members

- Giving books away.
- Introduce member/newcomers to sponsors.
- Dinner after meetings.
- New members get introduced with a phone list.

Responding to Needs/Restrictions of Facility

- Announce all rules at the beginning.
- Encourage parents to attend to their children.

### Activities Proposal Guidelines

Group Responsibilities	SacFNA ASC Responsibilities
<p>1. Group should recommend time / place / date of event and what type of event is planned. For example, is it a food / speaker event such as a pancake breakfast / speaker meeting or spaghetti / speaker meeting or is it an activity only such as movie night, miniature golf or rafting.</p>	<p>1. SacFNA Treasurer will provide funds as determined by SacFNA ASC to group's designated single point of accountability to cover expenses necessary to prepare for event</p>
<p>2. Group should outline what expected expense items ASC seed money would be expected to cover For example, rent for facility, food costs, printing of promotional flyers, etc.</p>	<p>2. SacFNA Treasurer or its designated representative will be its single point of accountability for collecting funds and paying expenses at event</p>
<p>3. Event should be proposed at least 90 days in advance to allow time for discussion by ASC and for flyers to be printed and promotion of event</p>	<p>3. SacFNA Treasurer will provide final report documenting expenses and incomes associated with event to SacFNA at the ASC meeting immediately following the event</p>
<p>4. Group should designate their single point of accountability (GSR or whomever group designates) so that communication from ASC can be directed to individual decision maker</p>	
<p>5. Group will be able to seek volunteers from ASC and from list of interested SacFNA members to assist with preparation and facilitating event</p>	
<p>6. Group's designated single point of accountability will provide receipts to SacFNA Treasurer documenting expenses paid for by seed money. Excess funds will be returned to SacFNA Treasurer</p>	