

Sacramento Fellowship of Narcotics Anonymous  
**Area Service Committee Agenda for July 7, 2010**

**I. Call to Order** at Evelyn Moore Community Center  
1402 Dickson Street, Sacramento at 7:00 pm

**II. Prayers & Principles** →

- A. NA Service Prayer
- B. 12 Traditions of Narcotics Anonymous
- C. 12 Concepts for NA Service

**NA Service Prayer**

*God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of your purpose. Make us servants of your will and grant us a bond of selflessness, that this may truly be your work, not ours- - in order that no addict, anywhere, need die from the horrors of addiction.*

Adapted from the NA Basic Text, page xvi

*Please make sure you initial the sign-in sheet & note schedule / GSR changes*

**III. Roll Call/Minutes/Proposals**

- A. Roll Call – Group Reports, Roll Call, Suggestions for Brainstorming, Recovery Birthdays, Verify Quorum
- B. Approval of Minutes from June 2, 2010

**IV. Elections**

- A. Senior RCM
- B. Junior RCM
- C. Treasurer
- D. Assistant Treasurer
- E. Literature Coordinator
- F. Assistant Literature Coordinator

**V. Break**

**VI. General Session**

- A. Thanks to those ending their terms
- B. Reports from Admin

*Please skim written reports. We'll discuss only select items & ask for your questions.*

- |                   |                       |   |
|-------------------|-----------------------|---|
| ▪ Chair           | ▪ Policy & Procedures | ▪ PR Coordinator (includes updates on Newsletter, Helpline, & others) |
| ▪ Vice Chair      | ▪ RCMs                | ▪ Treasurer/Asst Treasurer  |
| ▪ Admin Assistant |                       |   |

## VII. Brainstorming & Dialogue

### A. Building Strong Homegroups follow up

## VIII. Additional Proposals

## IX. Update from our Treasurer:

Activity since last ASC:

Ending Balance from June 2, 2010			\$9251.94
Less expenditures since then:	Literature ASC	\$1351.79	
	H&I Literature- 2 months	\$1583.61	
	Phoneline	\$89.95	
	RCM Travel	\$40	
	H&I Rent		
	Admin & Area rent	\$75	
	H&I bluesfest Expense	\$500	
	Total Expenses	-\$3640.35	\$5611.59
Plus Deposits since then:	Voided check	\$350	
	Total Deposits	\$350	
Balance:			\$5961.59
Less H&I Fundraising \$\$\$	Not to be forwarded to Region		\$729.38
			<b>\$5232.21</b>
Prudent Reserve:	2 months operating expense as determined by budget		\$8222
Additional Donation to Region beyond budgeted amount:	Everything over prudent reserve		0

Activity at ASC:

<i>Expenses:</i>			<i>Income:</i>		
	Agenda Copies	\$		Donations from groups	\$
	Mileage to RCM	\$		7th Tradition at ASC	\$
	Regional donation	\$85.00		Donations for Coffee	\$
	Schedules	\$		H&I Donations	\$
	Insurance	\$			\$
	Rent (ASC & Admin)	\$75.00			\$
	Rent (H&I)	\$			\$
	Phonelines	\$89.95			\$

	Storage	\$			\$
	Admin Supplies	\$			\$
		\$			\$
		\$			\$
		\$			\$
				Ending Balance	

**VII. Close by 9:30 with the “We” Version of the Serenity Prayer**

**Coming up...**

Admin meeting moves to the 3<sup>rd</sup> Wednesday of each month.  
 Join us Wednesday, July 21 - 7-9 pm right here -- all are welcome.  
 Next ASC – Wednesday, August 4, 2010], 7-9:30 pm

**ADMIN REPORTS**

**Chair Report**

I attended admin this month. Things are going well.  
 There was a discussion here at area about the coffee pot and coffee being served. As a temporary solution I brought a coffee pot. Tonight we should probably create a proposal to buy a new one. Tonight we will do elections and we will have to renew the signature cards. So tonight after the elections during break or after the meeting we will need to set a day and time to do so.  
 Webservant- Things are going well. I would like to know how many members accessed the website. And how many of you printed your own agenda packet?  
 If time permits I would like to do a follow up on the Building Strong Homegroups workshop that we did last month. Hopefully we keep talking about them so we don't lose traction and continue to gain momentum.  
 Respectfully  
 Carlos H.

**Vice Chair Report**

Hi everyone! I hope you had a wonderful Fourth of July. I don't have much to report this month. I had to work during Admin and was unable to attend. I did want to thank everyone for their participation during our Building Strong Home Group Brainstorming last month. I hope you were all able to take back to your groups some the great ideas that were generated. I do regret to inform you that our Newsletter Task Group Leader sent his resignation as his report this month and will be unable to continue with the position. Hopefully someone can volunteer to fill the position. It was just starting to get off the ground and it would be great to see it continue.  
 Thank you allowing me to be of service,  
 Lisa R.

### Unity Day Task Group Report

Four service positions were filled at last month's meeting. The committee is trying to lock in March 19<sup>th</sup> for *SacFNA's 2<sup>nd</sup> Annual UNITY DAY CELEBRATION!!!!* We will be meeting again on July 17, 2010 at 11:15 am at 2620 Capital Ave. where the E Street Book Study meets upstairs. We will put together a budget and do more elections to fill the rest of the service positions. The positions include, (but are not limited to) Co-coordinator, recording secretary, comptroller, refreshments/food coordinator, and merchandise coordinator. There are plenty of ways to be of service so please come out and join in the planning process.

Yours in Service,  
Dolores H.

Unity Day Coordinator

### Outreach Report

Outreach met on June 7<sup>th</sup> at 6:30 Peet's coffee, on corner of Alhambra & Folsom, regular meeting time. Contacted the contact persons for the meetings that have not been in attendance at area for 2 consecutive meetings. We sent guidelines to Policies & Procedures person, as requested. Put together a Home Group information package for groups that need that info. Thanks for letting us be in service. Jay W.

### Admin Assistant Report

GSRs: please review the sign in sheet as it passed around. Verify all information is correct including meeting times and address. If there are any changes please make them on the sheet. Please have contact information for GSR and ALT GSR.

If you would like to receive the monthly agenda packets and minutes by email, please make sure your current email address is on the email sheet.

In the past we have included a calendar tool for the upcoming months in the agenda packet. The admin team would like to see me continue to do this each month, and to include more information on the actual calendar itself. These calendars are designed for the GSRs to have one place where they can put important dates like when area and admin meets, as well as events going on in our area, dates and times for subcommittee meetings, and things like that. You will see some examples of that on your calendars for July and August. I would appreciate any input or ideas from you GSRs as to whether these calendars are a helpful tool and how I can make them best work for you.

Your admin asst.,  
Selene H.

### Policy and Procedures Report

Hi All,

Hope you all are having a great time at ASC. Unfortunately, I am riding up to Washington to attend a Family Reunion this month, so I will see you all next month at the ASC.

This month I received a copy of Outreach's Guidelines from the Task Leader. The Task Group has approved these, now, the GSR's need to adopt them. We will post them on our Area Website after the GSRs give their consent at this month's ASC.

I also asked that we propose a update within the [SACFNA Task-based Service Structure Guidelines](#) to the document title,

- from: "**Proposed Guidelines for Sacramento Fellowship's Task-Based Service Structure**"
- to: "**Approved Guidelines for Sacramento Fellowship's Task-Based Service Structure**",
- or "**Guidelines for Sacramento Fellowship's Task-Based Service Structure**"

*Guidelines were handed out with the July 2, 2008 Agenda Packet. Additional copies can be found on the SacFNA Website. If you need a paper copy, please let the Assist Admin Person or myself know and I will provide your group with a copy.*

**From:**

**Area Service Committee Minutes for July 2, 2008**

**Proposal 6:** To adopt guidelines for the Coordinators and Task Leaders as proposed for our Flexible Service Structure. Guidelines were handed out.

**Will review at August ASC**

**From:**

**Area Service Committee Minutes for August 6, 2008**

**Proposal 5:** To adopt guidelines for the Coordinators and Task Leaders as proposed for our Flexible Service Structure. (See last month's agenda packet.)

Test for consensus

**Consensus was obtained**

While I am away, I will be checking my emails in case there are any matters that need my attention.

Thank you for allowing me to be of service.

Leslie F.

Attachments:

1. ARANA\_OUTREACH\_TASK\_GROUP\_GUIDELINES-1
2. SACFNA\_Service\_Structure\_Guidelines

## **SAC FELLOWSHIP OUTREACH TASK GROUP GUIDELINES**

### **PURPOSE-**

The purpose of the Sac Fellowship Outreach Task Group is to strengthen the unity of the groups and the service structure in keeping with the 12 Traditions and 12 Concepts of Service. Outreach Task Group members offer support, compassion and guidance in the Traditions and Concepts of NA.

### **TASK GROUP FUNCTIONS-**

1. Contact or visit groups not represented at the ASC meeting two (2) or more consecutive times.
2. Provide NA membership support to groups that request it.
3. Conduct new GSR orientation before monthly ASC meeting.
4. Assist new groups to register with ASC and WSO.
5. Upon group's request, conduct workshops for individual groups on group-level service.

### **TASK GROUP MEMBERSHIP-**

Any member of Narcotics Anonymous may attend the task group meeting and become a member of this group. There is no clean time requirement to become an Outreach Task Group member.

### **VOTING-**

Members who attend regularly may participate in the Consensus Decision Making Process.

### **TRUSTED SERVANTS-**

#### **Task Group Leader:**

The task group leader is elected by the members of the ASC as per its guidelines.

#### A. Requirements:

- a. A minimum of two (2) consecutive years clean time.
- b. Willingness and means to commit to the position for one (1) year.
- c. Should have a working knowledge of the Twelve (12) Traditions and Twelve (12) Concepts of NA Service.

#### B. Duties:

- a. Attends and facilitates all meetings of task work group.
- b. Prepares and submits report to ASC Vice-Chairperson before monthly ASC meeting.
- c. Conducts new GSR orientation thirty minutes prior to ASC meeting.
- d. Coordinates, delegates and is accountable for training and work done by the task group.
- e. Coordinates meeting location
- f. Is responsible for paying rent
- g. Furnish contact name and number to section coordinators of groups missing two (2) consecutive Area Service Committee meetings and/or requesting support.

**Co-Task Group Leader:**

The Co-Task Group Leader is elected by the Area Service Committee as per its guidelines.

**A. Requirements:**

- a. A minimum of one (1) year clean time
- b. Willingness and means to commit to the position for one (1) year
- c. Should have a working knowledge of the Twelve (12) Traditions and Twelve (12) Concepts of Service
- d. Assist Task Group Leader in providing guidance and training to new Outreach Task Group volunteers.

**B. Duties:**

- a. Should attend all meetings of the task group.
- b. Works with the Task Group Leader to ensure the smooth operation of the Outreach group.

**Secretary:**

The Secretary is elected by the Outreach Task Group.

**A. Requirements:**

- a. A minimum of one (1) year clean time
- b. Willingness and means to commit to the position for one (1) year

**B. Duties:**

- a. Must keep an accurate set of minutes of all Outreach Task Group meetings. The minutes should be ready for approval by the subcommittee at the next subcommittee meeting.
- c. Organizes and keeps records, files and archives of this group.
- d. Keeps an updated phone/e-mail list of all active members of the Outreach Task Group.

**Trusted Servant Workshop Coordinator:**

The Trusted Servant Workshop Coordinator is elected by the Outreach Task Group

**A. Requirements:**

- a. A minimum of two (2) consecutive years clean time
- b. Willingness and means to commit to the position for one (1) year
- c. A working knowledge of the Twelve (12) Traditions and Twelve (12) Concepts of NA service.

**b. Duties as approved by the Outreach Task Group:**

- a. Conduct quarterly Trusted Servants Workshops
- b. Seek host group with an adequate facility
- c. Set agenda for the Trusted Servants Workshop
- d. Conduct Trusted Servants Workshop with a topic

- e. Set panel or speakers for Trusted Servants Workshop
- f. Obtain refreshments within budgetary limits
- g. Must coordinate the set-up and clean-up of the host facility
- h. Responsible for making and copying of flyers with the NA logo

**Section Coordinators:**

The Section Coordinators are elected by the Outreach Task Group

- A. Requirements:
  - a. A minimum of six (6) months clean time
  - b. Willingness and means to commit to the position for one (1) year
  - c. Should have a working knowledge of the Twelve (12) Steps and Twelve (12) Traditions of NA.
  
- B. Duties:
  - a. Contacts groups that have missed two (2) consecutive Area Service Committee meetings
  - b. Coordinates volunteers of Outreach Task Group for group support
  - c. Maintain phone list of willing volunteers to support meetings in their local meeting area
  - d. Reports back to the Outreach Task Group the results of any interactions with targeted groups.

**Outreach Task Group Liaison Members:**

The Liaison Members are elected by the Outreach Task Group.

- A. Requirements:
  - a. Willingness to serve
  - b. A minimum continuous clean time of thirty (30) days
  - c. Willingness and means to commit to the position for six (6) months
  
- B. Duties:
  - a. Will act as a communication link between Outreach and other Task Group meetings
  - b. Must attend all Outreach Task Group meetings
  - c. Must attend all designated Outreach Task Group meetings for which you are the liaison

**Newcomer Workshop Liaison:**

The Newcomer Workshop Liaison is elected by the Outreach Task Group

- A. Requirements:

- a. Willingness to serve
- b. A minimum continuous clean time of thirty (30) days
- c. Willingness and means to commit to the position for six (6) months

B. Duties:

- a. Will act as a communication link between Outreach and Newcomer Workshops
- b. Must attend all Outreach Task Group meetings
- c. Must attend all designated Newcomer Workshops for which you are the liaison
- d. Must provide a report to and from both the Newcomer Workshops and the Outreach Task Group

## PROCEDURES

A. Section coordinators contact or visit groups not represented at the Area Service Committee meeting two (2) or more consecutive times.

- a. Call group Service Representative
- b. Explain concern/why we're calling
- c. Ask for group needs
- d. Offer an attitude of support
- e. If no resolution is reached with the Group Service Representative, make a group visit, seek out the meeting secretary and seek a resolution
- f. Bring literature to the group
  - i. The Group Booklet and discuss the Twelve (12) Traditions of NA
  - ii. A Guide to Local Service in NA
- g. Consult A Guide to Local Service when needed
- h. Offer to conduct a group level workshop
  - i. Questions to ask:
    - 1. Do we still want a group? Discuss pos and cons
    - 2. How can meetings with trusted servants? Without trusted servants?
    - 3. IP- The Group Booklet
    - 4. Document on money flow from the World Service Office or Local Guide to Service
  - ii. Offer support:
    - 1. IP literature- What is an NA Group (discuss in workshop)
  - iii. Self support from the WSO; discuss the 7<sup>th</sup> tradition in the It Works: How and Why (the green and gold text)
  - iv. How can a group be active in the area? Why a group should be active in an area
  - v. Seek guidance from the group (What can the Area Service Committee do for your group?)

B. When assisting “new” groups to register with Sac Fellowship Area Service Committee and WSO:

- a. Describe the registration process as listed below with new group
  - i. Starter kits are provided by Outreach coordinator
  - ii. See Admin assistant to receive group number
  - iii. See schedule coordinator to add meeting to schedule
  - iv. Assist new GSR with literature order
  - v. Introduce new GSR to Area treasurer to assist with group’s donations.

C. Present Outreach workshops at learning events

- a. Outreach Task Group is responsible for hosting workshop at Celebration of Service event
  - 1. Seek advice from Outreach Task Group Leader; vision
  - 2. Coordinates with Celebration of Service committee members as to roles they might play in the workshop
  - 3. Plans out event including setup and cleanup of assigned area of workshop

D. Maintains volunteer phone lists

- a. Each section coordinator develops a volunteer phone list by attending meetings in the section
  - i. Ask for volunteers to give their name and phone number if they are willing to attend meetings in the local area that need support
  - ii. Contacts volunteers by phone when meetings need support
- b. Periodically visits groups in their section and bring other addict whenever possible

## **RCM Report**

RCM report will be available at area.

## **SacFNA Public Relations Report**

Sadly, Russell passed way on June 9<sup>th</sup>. Russell was the task leader for delivering schedules to the Sacramento County Parole and Probation office's on a monthly basis. Russell also had a monthly commitment for the Sacramento PACT (Parole And Community Team) meeting. Russell attended the ASC for as long as I can remember as GSR for the Friday night "Serenity for Today" group. I even remember Russell being the GSR, Treasurer and Secretary all at the same time. Russell will be missed around here. We do have someone now to do the schedule delivery to the Parole and Probation offices. We still need some volunteers to cover the PACT Mtg.

Kevin F

Public Relations Coordinator

## **Helpline**

I'd like to thank everyone who is a part of the help-line and remind the GSR's that we have time-slots to fill. The goal is to have 4 people in each 4 hour slot. That way 'No call goes unanswered!'

We also started the event box to list area events, and other than the first month I have received nothing to announce. So I ask that people send me what is happening with their group and I will add to the message on the event box.

Thank you.

Tracy G

Helpline Coordinator

## **Hospitals & Institutions**

We have set a date for the Blues Fest Nov 6, 2010 and the task group meets at 6:30 right before the regular H&I meeting on third Monday of the month. And we are looking for volunteers for some of our facilities.

RCCC Women's side is looking for volunteers on third and fourth Wednesdays.

Contact Anita

Job Corp we are looking for a coordinator and volunteers and it is working with youth's and one year clean time for the coordinator and 6 months clean time for volunteers and there is no clearance for this facility. The meeting is on Tuesday 6pm to 7pm on are in south Sacramento off Meadowview.

And we are going to have a table at the ARANA Unity Day and going to help with the jail if anyone wants to help just let me know.

Task Group Leader

Glenn

### **Treasurer Report**

Good evening everyone,

I was not able to reconcile the account. I am \$45 off and have not been able to go online to find out where the discrepancy is. However, I will make sure that the bank account reconciles before the next treasurer takes on this position. The new treasurer will have access to the account online and be able to look at details of the accounts activity. Our opening balance tonight is \$5232.21

This will be my last report given as Treasurer. I really appreciate the opportunity to be of service to this body. This service position has given me the opportunity to grow in so many ways. I have spent many hours in admin meetings, area service meetings, guideline meetings, preparing budgets and writing reports, but the time invested in service is nothing compared to the spiritual benefits that I have received as a result of being of service to Narcotics Anonymous. Although I will not be of service at the area level I will continue to be of service to NA in other capacities. I would like to thank all of you for allowing me to be a trusted servant of this area.

Yours in service,

Dolores H.



Admin Position	Name	Elected	Term	Jun	Jul
Chair	Carlos H.	2/3/2010	Jan 2011	x	
Vice-Chair	Lisa R.	3/3/2010	Jan 2011	x	
Admin Assistant	Selene H.	2/3/2010	Jan 2011	x	
Policy and Procedure	Leslie F.	4/7/2010	Jan 2011	x	
PR Coordinator	Kevin F.	11/5/2008	Jan 2011		
Senior RCM	Debi H	7/1/200	July 2010	x	
Junior RCM	Cherril	7/1/200	July 2010	x	
Treasurer	Dolores H.	7/1/200	July 2010	x	
Asst. Treasurer	Ronda K.	7/1/200	July 2010	x	

Task Leaders	Name	Elected	Term	Jun	Jul
Literature Coordinator	Javier	7/1/2009	July 2010	x	
Asst. Literature Coordinator	Kathy	7/1/2009	July 2010	x	
H&I Task Leader	Glenn L	11/4/09	October 2010	x	
Newsletter	Warren W.	12/2/2009	October 2010		
Phoneline Coordinator	Tracy G	12/2/2009	October 2010	x	
Schedule Coordinator	Pam T	2/4/2009	Jan 2010		
Outreach	Jay W.	5/6/2009	April 2011	re-elected	

**SacFNA ASC Group Sign-In and Changes Sheet**

Grou Num	Meeting name	Days	Address and time	Meeting Type	Changes/Reports	
					JUN	JUL
<b>Multi Meetings</b>						
01	Recovery is Real	Multi	Sunday, 9am, 417 Main St., Woodland Sunday, 6pm, 100 Woodland Ave., Woodland Sunday, 8pm, 100 Woodland Ave., Woodland Tuesday, 6 pm, 100 Woodland Ave., Woodland Wednesday, 6 pm, 100 Woodland Ave., Woodland Thursday, 7 pm, 100 Woodland Ave., Woodland Friday, 6 pm, 100 Woodland Ave., Woodland Friday, 10 pm, 100 Woodland Ave., Woodland Saturday, Noon, 100 Woodland Ave., Woodland Sautrday, 6pm, 100 Woodland Ave., Woodland	Sun 9am Sun 6pm 1hr Sun 8pm M, 1hr Tue Wed 1hr Thu BS, 1hr Fri 6pm 1hr Fri 10pm Sat noon Sat 6, 2nd Sat Spkr Mtg	x	
02	Over the Rainbow	Multi	Monday, 8 pm, 1927 L St., Sac Sunday, 7 pm, 1927 L St., Sac	LGBT, Downstairs, 1hr both mtgs	x	
03	Elk Grove Home Group	Multi	8170 Laguna Blvd., Ste 107 Tuesday, 7:30 pm Thursday and Friday 7 pm	Tues M, 1 hr Thur BS, 1 hr Fri 1 hr	x	
04	New Beginnings	Multi	515 2nd St, Woodland Corner of 2nd and Lincoln Sunday Womens mtg at 7pm Sunday 8:30 open Monday, Wednesday, Thursday, Friday, 8:00pm Tuesday 8:30pm	Sun W, Sun open 1 hr Tue Noon 1hr Tue 8:30pm 1 hr. Wed BS, CL, 1 hr Thu T, D	x	
31	Clunie Group	Multi	Monday-Friday, Noon, 2620 Capitol Ave, Sacramento	Mon BS, 1hr Tue 1 hr, NC on 3rd Tuesdays Wed-Fri 1 hr	x	
33	Oak Park Fellowship	Multi	Tuesday, 6:30 pm, 3425 Martin L. King Jr. Blvd. Wednesday, 6 pm, 3425 Martin L. King Jr. Blvd. Friday, 6 pm, 3425 Martin L. King Jr. Blvd. Saturday, Noon, 3425 Martin L. King Jr. Blvd. 2nd Saturday, 7 pm, 3425 Martin L. King Jr. Blvd.	Tue Wed W Fri BS Sat M 2nd Sat Speaker meeting 2nd Sat of month only	x	
55	Hump Day Hope	Multi	Tuesday, Noon, 4445 Fruitridge Rd, Sac Wednesday, Noon, 4445 Fruitridge Rd, Sac Thursday, Noon, 4445 Fruitridge Rd, Sac	Tue 1hr Wed BS 1hr Thur 1hr		x
07	New Way of Life	Multi	Sun, 8:00pm, 7595 Cemter Parkway, Sac Fri, 10:00pm, 7595 Center Parkway, Sac	1 hr		
69	Love Thyself NA group	Multi	Monday, Wednesday, Friday 5:30pm 1400 N. C. St.			removed from quorum until return
67	Getting it Right Downtown	Multi	1027 10th St, Sac Monday, Wednesday, Friday 8:00am	Mon Spk 1hr Wed JFT 1hr Fri D 1hr		
71	Getting it Right in the Park	Multi	Tuesday, Thursday 8:00am Cesar Chavez Park, 10th & J			
		Multi	Number Attended		6	0
		Multi	Total Meetings this month		12	10
<b>Sunday</b>						
06	Surrender for Serenity	Sun	7:00 pm, 2201 Benita Dr., Rancho Cordova	CC	x	
27	West Coast Flat Book of NA	Sun	2:00 pm, 1500 North A st, Sac at Quinn Cottages Pavilion	BS, 2hrs		removed from quorum until return
39	Stepping Stones	Sun	6:00 pm, 4390 47th Ave, Sac DB Moore Bldg	Spk, D, 1.5 hrs	x	
42	Skip to Recovery	Sun	5:00 pm, 2721 Barbera Way			removed from quorum until return
48	It Works on Cleveland	Sun	6:30 pm - 258 Cleveland Ave	NWA, CL, 1 hr no holidays	x	
53	Women of NA	Sun	3:30-5:00pm - 4390 47th Ave, Sacramento	W Wkly B-day	x	
		Sun	Number Attended		3	0
		Sun	Total Meetings this month		5	4

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Grou Num	Meeting name	Days	Address and time	Meeting Type	Changes/Reports	
					JUN	JUL
<b>Monday</b>						
08	Survivors	Mon	7:00 pm - 2201 Benita Drive, RC		x	
09	Keep It Clean	Mon	7:00 pm - 5401 Freeport Blvd., Sac	1 hr	x	
10	Time and Change	Mon	7:00 pm - 2620 Capitol Ave, Sacramento	T, D, 1 hr	x	
28	Young, Clean, Full of Recovery	Mon	7:00 pm, 1701 L Street, Sac	Y		
32	Tools of Recovery Book Study	Mon	8:00 pm - 7128 Florin Perkins Rd., Sac New Covenant Church of the Nazarine	BS, 1 hr	x	
34	Crossroads to Recovery	Mon	6:30pm 7128 Florin Perkins Rd, Sac	1 hr	x	
45	H.O.W	Mon	7:00pm - 1200 North B St., Sac	BS, 1 hr		
46	Life After Dope	Mon	7:00 pm, 450 W El Camino, Nor Sac, near Northgate Blvd	CL, 1 hr V & NKP	x	
47	The Raw 916 Group	Mon	7:00 pm - 6240 14th Ave, Sac Fourteenth Ave Baptist	BS, 2 hrs	x	
51	Off 99 @ Saybrook	Mon	6:30 pm, 4390 47th Ave, Sac	1 hr		
60	South Sac Recovery	Mon	7:30pm - 3900 47th Ave, enter at rear on Martin Luther King		x	
66	Monday Night Grab Bag	Mon	6:30 pm - Laguna and Franklin, Sac	1 hr	x	
68	Freedom from Addiction	Mon	12:00pm - 7000 Franklin Blvd	1 hr		removed from quorum until return
		Mon	Number Attended		9	0
			Total Meetings this month		13	12
<b>Tuesday</b>						
11	No Frills	Tue	7:00 pm - 10497 Coloma Rd., RC	CC	x	
12	Cope Without Dope	Tue	7:00 pm - 7128 Florin Perkins Rd., Sac	1 hr	x	
29	Changing Lanes	Tue	7:30 pm - 10630 Schirra Ave Room #3, RC	1hr		
35	Midtown Recovery	Tue	6:30 pm -1500 A St.	1 hr		
44	The Highlands Group	Tue	7:00 pm, 5846 Santa Fe Way, No Highlands	CL, 1 hr, no kids please	x	
57	Just Recovery	Tue	6:00-7:30pm, 6240 14th Ave.		x	
58	Seeking Serenity	Tue	7:00pm, 250 Cleveland, Sac	CL		removed from quorum until return
70	Colusa Group of NA	Tue	6:30pm - 208 6th St., Colusa, CA	1 hr	x	
		Tue	Number Attended		5	0
			Total Meetings this month		7	7
<b>Wednesday</b>						
13	Clean on Capitol	Wed	7:00 pm, 2100 J St., Sac	1 hr, NWA	x	
14	Youth Seeking Truth	Wed	7:00 pm - 2201 Benita Dr., RC	Y		
38	Wednesday Night Connection	Wed	7:00pm - 2721 Barbera Way, RC		x	
30	Women's Tea House	Thu	7:00 pm - 3520 Bradshaw Rd, RC	W, CL, 1 hr		
61	Sac ARC Group	Wed	500 9th St, Sacramento			removed from quorum until return
		Wed	Number Attended		2	0
			Total Meetings this month		4	4

**SacFNA ASC Group Sign-In and Changes Sheet**

Grou Num	Meeting name	Days	Address and time	Meeting Type	Changes/Reports	
					JUN	JUL
<b>Thursday</b>						
15	Made a Decision	Thu	7:30 pm - 2201 Benita Dr., RC	1 hr, JFT, D	x	
16	Courage to Change	Thu	6:00 pm - 3555 3rd Ave, Oak Park	1 hr	x	
50	Ounce of Hope	Thu	7:30 pm - 2450 Meadowview RD, Sac	Y	x	
62	Happy Hour	Thu	5:22 pm 1820 28th St, Sac	1 Hr	4	
		Thu	Number Attended		4	0
		Thu	Total Meetings this month		4	4
<b>Friday</b>						
18	Recovery Connection	Fri	8:00 pm - 2101 Zinfandel, RC	CL, No children, Birthday every week	x	
19	Friday Night South Sac	Fri	8:00 pm - 4445 Fruitridge Rd., Sac		x	
20	Natomas Group	Fri	7:00 pm - 3291 Truxel Road, Sac		x	
36	5th Tradition	Fri	8:00 pm - 5435 Palm Ave, Carmichael	1 hr		removed from quorum until return
49	Serenity for Today	Fri	3:15 pm - 4343 Williamsburgh Dr, Sac			removed from quorum until return
63	Road to Recovery	Fri	210 8th St, Williams	1 hr last Fri JFT/bday mtg	x	
64	Keep it Real	Fri	6:00 pm - 2620 Capitol Ave, Sac	1 Hr		
		Fri	Number Attended		x 4	0
		Fri	Total Meetings this month		6	5
<b>Saturday</b>						
21	Keep It Simple	Sat	1:00 pm - 10630 Schirra Avenue Room #3, RC			
22	E Street Book Study	Sat	10:00 am - 2620 Capitol Ave., Sac	BS, NWA, 1 hr	x	
23	Woman to Woman	Sat	10:00 am - 2829 Watt Ave, Room 4, Sac	W	x	
24	After the Fog	Sat	8:00 pm - 2515 48th Ave., Sac			
25	Saturday Night Traditions	Sat	7:00 pm - 2529 K St. Sac		x	
37	New Crossroads	Sat	Noon - 7595 Center Parkway, Sac	1 hr	x	
41	Learning to Care	Sat	10 am, 1615 Morse Ave, Sac Lutheran Church, Arden and Morse Ave.	M	x	
43	TU Women	Sat	Noon - 4445 Fruitridge, Sac	W	x	
		Multi	Number Attended		6	0
		Multi	Total Meetings this month		8	8
			Monthly Number Attended		39	0
			Monthly Total Meetings		59	54
			Quorum = 50% of meetings rounded up		30	27
			Percent Attended Current Month		66.1%	0.0%

Sacramento Fellowship of Narcotics Anonymous  
**Area Service Committee Minutes for June 2, 2010**

**I. Call to Order** at Evelyn Moore Community Center  
1402 Dickson Street, Sacramento at 7:00 pm

**Prayers & Principles** →

- A. NA Service Prayer
- B. 12 Traditions of Narcotics Anonymous
- C. 12 Concepts for NA Service

**NA Service Prayer**

*God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of your purpose. Make us servants of your will and grant us a bond of selflessness, that this may truly be your work, not ours- - in order that no addict, anywhere, need die from the horrors of addiction.*

Adapted from the NA Basic Text, page xvi

*Please make sure you initial the sign-in sheet & note schedule / GSR changes*

**II. Roll Call/Minutes/Proposals**

- A. Roll Call – Group Reports, Roll Call, Suggestions for Brainstorming, Recovery Birthdays , Verify Quorum
- B. Approval of Minutes from May 5, 2010  
**Consensus to approve minutes as written**

**III. Elections**

- A. Outreach Coordinator  
Nominations: -Jay accepted  
**Elected!**

**V. Break**

(If we get to this point before 7:45- we will move right into reports and break after reports are given.)

**VI. General Session**

- A. Thanks to those ending their terms
- B. Reports from Admin  
*Please skim written reports. We'll discuss only select items & ask for your questions.*
  - Chair
  - Vice Chair
  - Admin Assistant
  - Policy & Procedures
  - RCMs
  - PR Coordinator (includes updates on Newsletter, Helpline, & others)
  - Treasurer/Asst Treasurer

## VII. Brainstorming & Dialogue

### A. Building Strong Home Groups

- a. Consistency and Commitment - One problem is that people get tired of being of service. Service people must have willingness. Old timers can properly walk newcomers thru their new positions. Service people should have leadership abilities.
- b. Spirit of Service - Must have gratitude.
- c. Benefits of Service –A good example is having a greeter with no clean time requirement...this is a way to watch newcomers grow. Gives newcomer a sense of accomplishment and social skills, while learning spiritual principles.
- d. Principles in Action – Learning by being of service; giving back.
- e. Positive Perspective – At business meetings, in open forum, set goals for your meeting, and bring in ideas that worked for other meetings.
- f. Intimacy and a Sense of Home – Help all members feel like a part of the fellowship. Have service positions for everyone, even newcomers (i.e. greeters with no clean time requirement). Be a learning environment.
- g. Safe and Positive Environment – The meeting’s format keeps us focused on recovery. Read the readings! No crosstalk. A strong leader (secretary or GSR) is needed to make sure things run smoothly.
- h. Teaching Principles – Read the traditions and concepts at business meetings. Always fall back on the literature. Stay focused on recovery.
- i. Self-Support – Members should serve willingly and follow thru with their commitments. Sponsors should suggest service to their sponsees. Talk about how service keeps us clean. Have guidelines, making sure that service people fulfill their requirements. Follow up with the traditions and concepts at business meetings.
- j. Good Public Relations – Pay attention to what the passersby would see. What does the meeting look like from the street? What would you think if you were driving or walking by your meeting, say, at break? Are you sending a positive message?
- k. Encourage Diversity – Do not exclude people. Everyone is welcome.
- l. Nurture all Members – Get to know people outside of the meetings, invite them to coffee afterwards. Reach out.
- m. Evolves with Members - Interact with the newcomers, and make a good impression on them. Have a greeter. Give

newcomer info packets with schedules, and offer books and key chains.

- n. Establishes a Network - Older group members should offer phone numbers.
- o. Unity and Credibility – Have the same rotation at your meeting. Bring service work to sponsees. Crosstalk is bothersome! If your meeting has lots of rules, make clear announcements at the beginning of the meeting. Be courteous when implementing your rules.
- p. Positive Message – Close your chair with experience and hope.

B. Concept 4- Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.

**VIII. Additional Proposals**

A. To hold an annual area inventory to be conducted in August of each year

Intent: Just as we hold a personal inventory, area should hold an annual inventory...to find out how well the ASC is serving groups.

-Q: Why August?

-A: The reason August is proposed is so we can get the results into our next guideline revision in October, and the outgoing trusted servants in July would leave a summary of what worked and didn't work in their positions.

**GSRS please go back to your groups with this proposal. We will revisit next month for consensus**

B. Literature Coordinator is asking area to purchase storage totes for literature storage as needed for supplies

Consensus to approve

**IX. Update from our Treasurer:**

Activity since last ASC:

Ending Balance from May 5, 2010			\$7,584.97
Less expenditures since then:	Literature ASC	1,440.03	
	H&I Literature		
	Webhosting	\$81.99	
	RCM Travel		

	H&I Rent		
	Computer	\$326.24	
	Phoneline	\$89.05	
	Total Expenses		
Plus Deposits since then:	Books for Crooks	\$680	
	Total Deposits		\$680
Balance:			6,327.66
Less H&I Fundraising \$\$\$	Not to be forwarded to Region		\$1139.38
	H&I Fundraising Expenses		
Prudent Reserve:	2 months operating expense as determined by budget		\$8222
Additional Donation to Region beyond budgeted amount:	Everything over prudent reserve		

Activity at ASC:

<i>Expenses:</i>			<i>Income:</i>	
	Agenda Copies	\$49.13		Donations from groups \$1,252.97
	Mileage to RCM	\$		7th Tradition at ASC \$ ??
	Regional donation	\$85.00		Donations for Coffee \$
	Schedules	\$		H&I Donations \$397.86
	Insurance	\$		H&I fundraising \$90.00
	Rent (ASC & Admin)	\$75.00		Newsletter \$11.50
	Rent (H&I)	\$36.00		Literature \$1,800.77
	Phonelines	\$		\$
	Storage	\$		\$
	Admin Supplies	\$32.09		\$
	H&I fundraising	\$395.00		\$
		\$		\$
		\$		\$
				Ending Balance \$9,251.94

**VII. Close by 9:30 with the “We” Version of the Serenity Prayer**

**Coming up...**

Admin meeting moves to the 3<sup>rd</sup> Wednesday of each month.  
 Join us Wednesday, June 16<sup>th</sup> - 7-9 pm right here -- all are welcome.  
 Next ASC – Wednesday, July 7, 2010], 7-9:30 pm

**Please be advised that there will be elections at the July ASC for the following positions:**

- \*Senior RCM**
- \*Junior RCM**
- \*Treasurer**
- \*Asst. Treasurer**
- \*Literature Coordinator**
- \*Asst. Literature Coordinator**



**RAW 916**  
**Speak 'n' Eat**  
**July 19, 2010 7-9PM**

Join us for a Potluck,  
 Surprise Speaker (from out of  
 state), & literature study

Topic: "More Will Be  
 Revealed"  
 Address: 6240 14<sup>th</sup> Ave.,  
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## July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7 ASC 7-9:30pm	8	9	10
11	12	13	14	15	16	17
18	19 RAW 916 Speak n eat 7-9pm 6240 14 <sup>th</sup> Ave. Sac	20	21 Admin Meeting 7-9pm	22	23	24
25	26	27	28	29	30	31

## August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b> ASC meeting 7-9:30pm	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b> Admin meeting 7-9pm	<b>19</b>	<b>20</b> TU Women's Spiritual Retreat	<b>21</b> TU Women's Spiritual Retreat
<b>22</b> TU Women's Spiritual Retreat	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>	<b>31</b>				