

Sacramento Fellowship of Narcotics Anonymous  
**Area Service Committee Agenda for January 6, 2010**

**I. Call to Order** at Evelyn Moore Community Center  
1402 Dickson Street, Sacramento at 7:00 pm

**II. Prayers & Principles**

- A. NA Service Prayer
- B. 12 Traditions of Narcotics Anonymous
- C. 12 Concepts for NA Service

**NA Service Prayer**

*God, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of your purpose. Make us servants of your will and grant us a bond of selflessness, that this may truly be your work, not ours- - in order that no addict, anywhere, need die from the horrors of addiction.*

Adapted from the NA Basic Text, page xvi

*Please make sure you initial the sign-in sheet & note schedule / GSR changes*

**III. Roll Call/Minutes/Proposals**

- A. Roll Call – Group Reports, Roll Call, Suggestions for Brainstorming, Recovery Birthdays Verify Quorum
  - a) Question of the month: How does your group feel about the NCCNA Area Countdown? (RCM will elaborate on why this question is being posed)
- B. Approval of Minutes from December 9, 2009:

**IV. Elections**

- ✓ Chair
- ✓ Vice – Chair
- ✓ Administrative Assistant
- ✓ Policy and Procedure Person
- ✓ Public Relations Coordinator
- ✓ Schedule Coordinator

**V. Break**

**VI. General Session**

- A. Thanks to those ending their terms
- B. Reports from Admin

*Please skim written reports. We'll discuss only select items & ask for your questions.*

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|-------------------|-----------------------|---|
| ▪ Chair           | ▪ Policy & Procedures | ▪ PR Coordinator (includes updates on Newsletter, Helpline, & others) |
| ▪ Vice Chair      | ▪ RCMs                | ▪ Treasurer/Asst Treasurer  |
| ▪ Admin Assistant |                       |   |

**VII. Brainstorming & Dialogue**

## VIII. Additional Proposals

### IX. Update from our Treasurer:

Activity since last ASC:

Ending Balance from December 9 2009			\$9196.64
Less expenditures since then:	Literature Purchase		
	H&I Literature (2 months)		
	Unity Day T-shirts	\$806.00	
	RCM Travel	\$20.00	
	Total Expenditures		\$826.00
Plus Deposits since then:	Unity Day Ticket/T-Shirt Sales	\$93.00	
	Total Deposits		\$93.00
Beginning Balance:			\$8463.64
Prudent Reserve:	2 months operating expense as determined by budget		
Additional Donation to Region beyond budgeted amount:	Everything over prudent reserve		

Activity at ASC:

<i>Expenses:</i>			<i>Income:</i>		
	Agenda Copies	\$		Donations from groups	\$
	Mileage to RCM	\$		7th Tradition at ASC	\$
	Regional donation	\$85.00		Donations for Coffee	\$
	Schedules	\$		H&I Donations	\$
	Insurance	\$			\$
	Rent (ASC & Admin)	\$75.00			\$
	Rent (H&I)	\$			\$
	Phonelines	\$			\$
	Storage	\$			\$
	Admin Supplies	\$			\$
		\$			\$
		\$			\$
		\$			\$
				Ending Balance	

### X. Close by 9:30 with the "We" Version of the Serenity Prayer

#### Coming up...

Admin meeting the 3<sup>rd</sup> Wednesday of each month.  
 Join us Wednesday, January 20, 2010, 7-9 pm right here -- all are welcome.  
 Next ASC – Wednesday, February 3, 2010, 7-9:30 pm

### Chair Report

Welcome everyone to the January ASC for the Sacramento Fellowship of Narcotics Anonymous. We made it through the holidays, which are often difficult times. I hope you were able to reflect on what you're grateful for in your life and can look forward to a positive 2010. Personally, I've had health issues these past few months, so I'm definitely looking forward to a better 2010.

Last month we asked the question on what you would like to see accomplished as an Area over the next six months. There were a number of suggestions that would improve our schedules and newsletters, such as listing committee meetings. I'm hoping that the calendar we worked on last month could help distribute that information throughout the fellowship. Please feel free to meet with our Newsletter Task Leader or Schedule Coordinator to discuss what information should be included in these and how to improve them.

Other suggestions such as dances, a bowling activity or a learning day/dance really fall outside the structure of our Area Committee. Remember, we have events, not ongoing activities. In 2009 we had a number of successful events. There is money allocated in our budget for events. If a group of people want to put on an event, feel free to put together the proposal and come to admin or the ASC to discuss it. You may find others willing to be of service to the event, or positive suggestions on how to make the event more successful. The Area wanted a Unity Day, and a proposal was presented, and a working group formed to hold a Unity Day, which is coming up in a couple of months.

We discussed at Admin how to best ensure groups get their 7<sup>th</sup> tradition receipts without disrupting the flow of the meeting or taking up report time. Please pick-up your 7<sup>th</sup> tradition receipt at the Treasurer's table at the end of the meeting. We will still be passing a box for the 7<sup>th</sup> tradition, but it will not have to be tied to the receipts being completed.

Please remember to a complete literature order includes writing your group name and number on the form and adding up each section as well as the overall order ensures that you have the correct amount listed, and maybe your group won't be called to the literature table to review your order during the meeting.

Thank you all for letting me be of service.

Eric K.

ASC Chair

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### Vice Chair Report

I attended Admin meeting.

I did not attend Unity Day. Tickets will be on sale here tonight for \$4. Program will begin work on speakers. Talent requests are low but I do have 5 or 6 interested- it will come together as I put more time into coordinating it, Food is coming along and growing. We are still meeting **EVERY 3<sup>RD</sup> SATURDAY OF THE MONTH** at Trinity Cathedral.

#### Unity Day Report from Angela

We will be meeting Jan 9 for program. Volunteers still needed. Contact Tonya. T-shirts and buttons will be available at 916RAW Speaker Jam on January 16.

#### Outreach

Task Leader Jay would like to start **meeting 2<sup>nd</sup> Monday of each month at 6:30 on Alhambra & Folsom Pete's coffee shop.**

#### Newsletter Report

It was very slow going start for the Message team; we struggled in getting submissions from the members and groups. We do look forward to putting more in as we move forward.

Our hope was to publish monthly but realistically bi-monthly will be the practical thing to do. We are hopeful that more submissions will bring us to monthly publications.

January's newsletter will consist of three front and back pages, one being the Unity Day flier.

We have printed 250 copies from a printer and paper donated by Billy W. former Editor of Thunder Roads Magazine, at 648 pages the printer gave out and the remaining pages were printed on my HP desktop printer.

We will be selling copies for \$0.50 and want to donate some to H & I, receipts will be given for all issues purchased and a clear ledger will be recorded. All funds will be turned in to the Treasurer to help build the Newsletter fund as we will need to have these copies made from Staples next issue.

Thanks for letting me serve  
Warren W

Tonight I would like to ask for a few volunteers that have been here for 6 months to 1 year and have experience as GSR to help the newer GSR's with direction on how to process literature orders, make their groups donation, or have questions on how consensus based decision making works, etc. throughout the meeting.

The vice chair position that I have doing is up for election tonight. I would be willing to continue serving this body in whatever capacity I am called.

I have continued to learn a great deal this past year and I'm grateful for having had this opportunity to serve and grow.

Respectfully,  
Carlos H.

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### **Admin Assistant**

Please review the sign in sheet as it is passed around. Verify all information is correct including meeting times and address. If there are any changes please make them on the sheet. Please have contact information current for your group, including contact information for GSR/Alt GSR. If you would like to receive the agenda packet and minutes by email, please have a current email address on the email sheet. Add your information to the email sheet if it is not already there.

It has been an honor and a pleasure serving this body. I have learned so much in this position which has helped me to grow in my recovery life as well as my personal life. The people that I have had the pleasure and honor to serve with have made my experience that much easier and I truly thank them. Going from that first meeting at Trinity Cathedral on February 21, 2007 with 25 groups to where we are today with over 50 groups is truly an amazing feat. It is due to the hard work and dedication of this body and the trusted servants that this is all possible.

And for the last times as the Admin Assistant,

Thank you for allowing me to be of service

Joel A

Admin Assistant

[Asc\\_admin@sacfna.org](mailto:Asc_admin@sacfna.org)

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### **RCM Report**

I hope everyone had a merry Christmas and a very happy new year to come. I am so looking forward to the New Year.

**Region**, once again, was very full of new and interesting learning experiences for myself. I am so fortunate to serve as a RCM for this area. I thank everyone for letting me serve.

Although business was full there are just a few things that really is needed to be brought to the attention here at area.

**NCCNA** is considering changing the geographic countdown to acknowledge Northern California rather than a breakdown of Areas. This is to promote unity of our Region. NCCNA states that they have tried many different things to keep the Saturday Night Speaker Meeting fresh and effective and they would like to try this at our next convention to see how the fellowship experiences a geographic countdown that will allow us to celebrate all our visiting members and then one big loud hoopla of unity at the very end when we announce Northern California with lots of noise, but missing any booing, competing, or negative energy separating our areas. We respectfully request the fellowship allow us to do the job we have been charged with by trying something to bring new success into a meeting that now has almost 10,000 members in the

same room and is not the same experience as it was when we were a smaller group. We ask you to look into the meaning of our first tradition: "Our common welfare should come first: personal recovery depends on NA unity." The RCM's at Region voted to take this back to our areas for feedback on this matter.

**Treasurer** report: All accounts are current and reconciled.

**RSC** still needs and Assistant Treasurer.

The **BOD** also needs 3 members.

Regional Pool Form are such an important aspect of the recruiting process, please make sure to have yours filled out and updated.

Our Insurance Policy does not cover dogs except certified service dogs (guide dogs). There is no way to screen the temperament of each animal and the liability would be majority on the insured for this should they allow them and then the animal acts out, bites someone. We have no way to underwrite or charge for this exposure so it cannot be permitted.

Thanks again for letting me serve  
Debi H.

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### **PUBLIC RELATIONS REPORT**

This is my last report for SACFNA Public Relations since taking on this task. I am interested in serving this fellowship for another term if the ASC sees fit. It has been an exciting year and we have accomplished a lot and there is so much more we can do.

The PACT meetings are still going well and we now have a third committed volunteer for the Sacramento PACT meeting on the 3<sup>rd</sup> Tuesday. We still need to have the 4<sup>th</sup> Tuesday and the 5<sup>th</sup> if and when there is one covered. Please see me for information if you are interested.

Our new phone line coordinator Tracy G jumped right in as you can see by her report. Not included in the report is that Tracy added the SACFNA phone line information to the online Yellowpages.com directory. We also are looking into getting the phone line number printed in the "Hard copy" phone book. We would also like to add an additional box to the phone line system to handle local events. This would enable callers to call in and find information on events in the region like conventions, dances, unity days, etc. There would be additional cost for this.

We want to try and get a postering task group working again in 2010. We have some people interested to help with this task but need someone to step up as Task Leader. The task group would be going out into the community and contacting local business and putting up a posters in their establishment that have our SACFNA phone line number for addicts to call.

I still have no update from Sacramento Probation on getting into the Juvenile Hall.

Thank you for allowing me to be of service.  
Kevin F

### **PHONELINE**

Gary has been incredibly helpful training me on the in and out's of the phone-line. I really appreciate his patience and willingness to answer all my questions.

I have contacted all the volunteers on the phone-line to introduce myself, either by phone, message, or email.

This month the volunteers on the phone line received 36 calls. 9 of these calls were answered but not accepted.

(Accepted means that the call is answered and the #1 is pressed to take the call, before the caller was sent to voicemail or disconnected.) That is 25% of the addicts reaching out to speak to another addict received no answer. 5 of these 9 left messages and of these 5, I was able to make contact with 1.

The meeting listings received 27 calls.

1 call was referred to Carlos from the meeting changes/admin box.

1 call chose to go directly to voicemail. She had questions regarding the on-line schedule.

I would like to have the initial message a caller hears updated to:

Hello you have reached the helpline for the Sacramento fellowship of Narcotics Anonymous. Narcotics Anonymous is here so that no suffering addict need die of the horrors of addiction. You are not alone. For a recorded list of the meeting times and location in the Greater Sacramento Area of NA, press 1; to speak to a narcotics anonymous volunteer or to get further information about a meeting near you, press 2 transfer times may vary, please do not hang

*up your call is very important to us*; to be transferred to the American river helpline also in Sacramento, press 3; for a listing of other northern California helpline, press 4; to leave a voicemail for making changes to the meeting schedule, or if you wish to have someone from public relations, hospital and institutions or the area admin staff contact you, press 5.

(The changes are italicized.)

This would cost \$30; \$25 for the first 125 words and \$5 for the additional 25 words.

Thank you for letting me be of service,

Tracy G.

#### *Hospitals & Institutions*

We are looking at starting a new meeting and the main jail. They are giving us a night on Thursday night so we are looking at starting a Spanish speaking meeting but we need Spanish speaking volunteers to staff the meetings. We are looking for volunteers to help with the Pancake breakfast for NA 101 / CAR Workshop on March 13, 2010 at Elks Lodge 920 9<sup>th</sup> St. Marysville it starts at 9am to 9:45. It is to raise funds for local H&I sub-committees (Sierra Foothills, Sacramento Fellowship, American River).

Task Group Leader

Glenn L

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### **Treasurer's Report**

Good evening everyone

I have tried to download QuickBooks on another laptop but it has not gone as smoothly as I hoped. I am going to take it to a professional and have QuickBooks restored correctly.

The bank account is reconciled and everything looks good.

I will report on the groups' donations next month. I apologize for the delay.

Thank you for allowing me to be of service.

Dolores H.

#### **Cleared Transactions**

#1379- Unity Day T-shirts- \$806

#1377- RCM Travel- \$20

#1376- Schedules- \$516.56

#1368 - Agenda Copies \$44.19

#1371- ASC Rent \$75

#1370-Regional Donation \$85

#1367-H&I Rent \$85

#1373-Phoneline \$84.95

#1363-RCM Travel \$40

#1369-Storage \$60

#1374-PR Lit. \$172

# 1365-H&I Lit. \$582.36

#1366-ASC Lit. \$2443.50

#### **Outstanding Transactions**

#1261-Corey \$9.96

#1339-Corey \$11.56

#1358-Untiy Day Rent \$20

#1372-Unity Day Rent \$20